

## Triathlon sprint de Larmor Plage – 23 août 2009

Rang	Doss. NOM Prénom	P. / Cat.	Club	Natation		750m		Vélo		18 Km		CàP		5 Km		TOTAL	Écart
				Temps	P.	100m	Temps	P. (Gain)	Km/H	Temps	P. (Gain)	1000m					
1	60 CESBRON Xavier	1 S3M	PLOEMEUR TRIATHLON	00:15:41	28	02:05	00:26:17	1 (+26)	41,09	00:17:34	3 (+1)	03:31	0:59:29.60	00:00:00			
2	15 CORLAY Sylvain	2 S4M	TRIATHLON COTE D AMOUR	00:13:26	1	01:47	00:28:22	9 (0)	38,07	00:18:23	6 (-1)	03:41	1:00:09.85	00:40:00			
3	157 DIVERRES Matthieu	3 S2M	BREST TRIATHLON	00:14:03	7	01:52	00:28:54	16 (+3)	37,37	00:17:29	2 (+1)	03:30	1:00:24.20	00:55:00			
4	74 MANDART Pierre	1 CAM	S.O. HOUILLES TRIATHLON	00:15:07	12	02:01	00:28:11	7 (+6)	38,32	00:18:34	9 (+2)	03:43	1:01:50.85	02:21:00			
5	36 NICOLAS Benoit	4 S3M	BREST	00:16:08	47	02:09	00:29:44	25 (+17)	36,32	00:16:12	1 (+25)	03:14	1:02:03.85	02:34:00			
6	194 LEPIOUFLE Denis	5 S2M	RENNES TRIATHLON	00:15:27	18	02:04	00:28:00	4 (+11)	38,57	00:18:49	15 (+1)	03:46	1:02:14.45	02:45:00			
7	191 GARZON Yoann	6 S3M	RENNES TRIATHLON	00:13:42	2	01:50	00:28:57	17 (-1)	37,31	00:19:47	37 (-4)	03:57	1:02:24.05	02:55:00			
8	185 LE GOUILL Alain	1 V1M	T.C.G. 79 PARTHENAY	00:16:07	46	02:09	00:27:56	3 (+37)	38,66	00:18:25	7 (+1)	03:41	1:02:27.20	02:58:00			
9	168 BLEOGAT Diboan	7 S3M	MARINE LORIENT	00:15:18	15	02:02	00:28:51	15 (+4)	37,44	00:18:40	11 (+2)	03:44	1:02:47.45	03:18:00			
10	223 HASCOET Stephane	2 V1M	LANNION TRIATHLON	00:16:04	43	02:09	00:28:10	6 (+30)	38,34	00:18:40	12 (+3)	03:44	1:02:52.35	03:23:00			
11	101 KUHL Matthias	3 V1M	TRI OLYMPIQUE CLUB CESSONNAIS	00:15:50	33	02:07	00:28:11	8 (+25)	38,32	00:19:18	25 (-3)	03:52	1:03:17.20	03:48:00			
12	156 GUILLEMOT Arnaud	8 S1M	A.S.A.E.C. COETQUIDAN TRIATHL	00:14:02	6	01:52	00:30:26	45 (-9)	35,49	00:18:58	20 (+3)	03:48	1:03:24.75	03:55:00			
13	69 GAUTHIER Fabien	9 S3M	TRIATHLON CLUB NANTAIS	00:15:30	20	02:04	00:27:47	2 (+15)	38,87	00:20:34	54 (-8)	04:07	1:03:50.00	04:20:00			
14	51 BERTHOU Gildas	10 S3M	SAINT MEEN	00:16:03	42	02:08	00:29:47	29 (+13)	36,26	00:18:07	5 (+15)	03:37	1:03:56.35	04:27:00			
15	81 HAUDRY Frederic	11 S4M	MUZILLAC	00:15:36	23	02:05	00:28:32	10 (+13)	37,85	00:19:54	42 (-5)	03:59	1:04:00.05	04:31:00			
16	158 LEMAIRE Yann	12 S4M	U.S. HAM TRIATHLON	00:14:56	9	01:59	00:30:24	43 (-11)	35,53	00:18:53	17 (+4)	03:47	1:04:11.35	04:42:00			
17	54 LE COCQ Sebastien	2 CAM	PONTIVY TRIATHLON	00:13:58	5	01:52	00:31:25	71 (-17)	34,38	00:19:06	22 (+5)	03:49	1:04:27.35	04:58:00			
18	90 BONNEVIN Mickael	13 S3M	BEST TRIATHLON SAINT-NAZAIRE P-L	00:15:52	34	02:07	00:29:45	27 (+8)	36,3	00:18:56	18 (+8)	03:47	1:04:31.65	05:02:00			
19	186 PICAUD David	14 S3M	TRIATHLON COTE D AMOUR	00:15:56	37	02:07	00:29:46	28 (+10)	36,28	00:18:53	16 (+8)	03:47	1:04:32.75	05:03:00			
20	2 SEZNEC Erwan	15 S4M	PARIS SPORT CLUB	00:15:27	19	02:04	00:28:57	18 (+5)	37,31	00:20:14	47 (-6)	04:03	1:04:36.75	05:07:00			
21	170 ROGER Laury	16 S1M	BREST TRIATHLON	00:15:39	27	02:05	00:28:33	11 (+15)	37,83	00:20:50	66 (-9)	04:10	1:05:00.95	05:31:00			
22	212 HENO Thomas	17 S1M	TRI.CLUB ISSY LES MOULINEAUX	00:16:35	60	02:13	00:28:35	12 (+43)	37,78	00:20:02	45 (-5)	04:00	1:05:11.00	05:41:00			
23	149 OLLIER Guillaume	18 S2M	CEPS DINAN ARMOR TRIATHLON	00:15:19	16	02:03	00:30:03	36 (-5)	35,94	00:20:06	46 (-2)	04:01	1:05:27.30	05:58:00			
24	30 LE DORTZ Erwann	19 S3M	WAPITI TRIATHLON CLUB DE LAR	00:15:00	11	02:00	00:30:18	40 (-8)	35,64	00:20:35	56 (-5)	04:07	1:05:51.85	06:22:00			
25	62 RANNOU Nicolas	20 S4M	EXETER UK	00:15:10	13	02:01	00:30:19	41 (-10)	35,62	00:20:27	50 (-2)	04:05	1:05:53.85	06:24:00			
26	107 LE GUENNO Sylvain	21 S2M	PLOEMEUR TRIATHLON	00:15:35	22	02:05	00:29:57	34 (-2)	36,06	00:20:38	58 (-2)	04:08	1:06:08.50	06:39:00			
27	68 VEENSTRA Simon	1 JUM	ENSCHEDÉ	00:13:57	4	01:52	00:30:42	53 (-12)	35,18	00:21:37	91 (-11)	04:19	1:06:13.90	06:44:00			
28	188 LE HIR Lionel	4 V1M	BREST	00:18:35	127	02:29	00:28:06	5 (+89)	38,43	00:19:36	32 (+10)	03:55	1:06:15.95	06:46:00			
29	100 LE RAVALLEC Julien	22 S2M	GUERANDE	00:17:03	72	02:16	00:29:44	26 (+33)	36,32	00:19:34	31 (+10)	03:55	1:06:20.20	06:51:00			
30	20 GASTARD Fabrice	5 V1M	PONTIVY TRIATHLON	00:16:44	64	02:14	00:29:18	22 (+33)	36,86	00:20:27	51 (+1)	04:05	1:06:27.55	06:58:00			
31	200 LAURENT Cedric	23 S1M	ECUREUILS DE PLOUAY	00:15:37	25	02:05	00:32:15	98 (-32)	33,49	00:18:40	10 (+26)	03:44	1:06:29.80	07:00:00			
32	176 GUIRRIEC Franck	24 S4M	BEST TRIATHLON SAINT-NAZAIRE P-L	00:16:01	39	02:08	00:29:43	24 (+11)	36,34	00:20:49	65 (-4)	04:10	1:06:32.20	07:03:00			
33	159 LAMBART Paul	25 S2M	RENNES	00:16:51	68	02:15	00:30:38	49 (+22)	35,26	00:19:15	23 (+13)	03:51	1:06:42.85	07:13:00			
34	153 LE ROSCOET Ronan	26 S1M	C.O.M.B BAGNEUX TRIATHLON	00:15:16	14	02:02	00:30:48	55 (-19)	35,06	00:20:42	62 (-1)	04:08	1:06:44.45	07:15:00			
35	24 NICOLAS Xavier	6 V1M	BREST TRIATHLON	00:16:26	55	02:11	00:30:43	54 (+12)	35,16	00:19:42	35 (+8)	03:56	1:06:49.90	07:20:00			
36	257 RUELLAN Yoann	27 S3M	LORIENT	00:17:58	98	02:24	00:29:54	33 (+40)	36,12	00:19:04	21 (+22)	03:49	1:06:54.15	07:25:00			
37	195 BARBE Denis	28 S4M	CEPS DINAN ARMOR TRIATHLON	00:19:48	163	02:38	00:28:37	14 (+97)	37,74	00:18:31	8 (+29)	03:42	1:06:55.20	07:26:00			
38	53 BOUDET Stephane	7 V1M	TRI OLYMPIQUE CLUB CESSONNAIS	00:17:18	77	02:18	00:30:21	42 (+25)	35,58	00:19:21	27 (+14)	03:52	1:06:58.45	07:29:00			
39	144 GUILLOUX Gilles	8 V3M	TRI OLYMPIQUE CLUB CESSONNAIS	00:16:35	59	02:13	00:31:02	60 (+9)	34,8	00:19:33	29 (+11)	03:55	1:07:07.80	07:38:00			
40	92 THOMAS Quentin	3 CAM	PONTIVY TRIATHLON	00:15:25	17	02:03	00:31:56	86 (-27)	33,82	00:19:51	38 (+4)	03:58	1:07:11.05	07:42:00			
41	189 DE POORTER Axel	4 CAM	ENDURANCE 72 TRIATHLON	00:15:37	24	02:05	00:31:23	69 (-17)	34,41	00:20:16	48 (0)	04:03	1:07:14.35	07:45:00			
42	87 SARDA Jean Claude	9 V4M	ECUREUILS DE PLOUAY	00:16:14	49	02:10	00:29:49	30 (+17)	36,22	00:21:17	82 (-10)	04:15	1:07:19.60	07:50:00			
43	163 LORENT Dany	29 S3M	ST MALO DE PHILY	00:16:23	54	02:11	00:30:26	44 (+14)	35,49	00:20:40	60 (-3)	04:08	1:07:27.55	07:58:00			
44	104 CHALMET Olivier	30 S1M	TREFFLEAN	00:18:23	114	02:27	00:29:10	19 (+65)	37,03	00:19:59	43 (+5)	04:00	1:07:30.15	08:01:00			
45	237 JOUSSEMET Frederique	1 S3F	TRIATHLON CLUB NANTAIS	00:13:56	3	01:51	00:32:37	107 (-34)	33,11	00:21:01	73 (-8)	04:12	1:07:32.25	08:03:00			
46	177 BERNARD Antoine	5 CAM	TRIATHLON COTE D AMOUR	00:15:49	32	02:07						1:07:36.85	08:07:00				
47	205 LE GALL Alexandre	31 S3M	TRI OLYMPIQUE CLUB CESSONNAIS	00:18:32	121	02:28	00:29:50	31 (+57)	36,2	00:19:20	26 (+17)	03:52	1:07:40.10	08:11:00			
48	108 LAPEYRONIE Bruno	32 S4M	EQUEURDREVILLE	00:16:31	57	02:12	00:31:10	63 (+3)	34,65	00:20:19	49 (+6)	04:04	1:07:57.75	08:28:00			
49	58 COSQUER Romain	33 S1M	BEST TRIATHLON SAINT-NAZAIRE P-L	00:15:48	31	02:06	00:29:29	23 (+13)	36,63	00:22:56	125 (-31)	04:35	1:08:12.25	08:43:00			
50	216 DALLERY Yves	34 -M-	MARINE LORIENT	00:14:59	10	02:00	00:30:35	48 (-15)	35,31	00:22:41	117 (-25)	04:32	1:08:13.20	08:44:00			

Rang	Doss. NOM Prénom	P. / Cat.	Club	Natation Temps	750m P.	100m	Vélo Temps	18 Km P. (Gain)	Km/H	CàP Temps	5 Km P. (Gain)	TOTAL 1000m	Écart
51	162 ELAUDAIS Cedric	6 CAM	ECUREUILS DE PLOUAY	00:16:56	70	02:15	00:31:33 72 (0)	34,23		00:19:53 41 (+19)	03:59 1:08:21.00	08:51:00	
52	193 ROUZES Christophe	10 V1M	TRIATHLON PAYS DE SAINT BRIE	00:18:15	104	02:26	00:30:53 57 (+28)	34,97		00:19:17 24 (+24)	03:51 1:08:22.70	08:53:00	
53	75 MANDART Jean Yves	11 V1M	S.O. HOUILLES TRIATHLON	00:17:54	95	02:23	00:30:33 47 (+27)	35,35		00:19:59 44 (+15)	04:00 1:08:25.25	08:56:00	
54	63 CHEVALIER Jean Noel	35 S4M	TRIATHLON PAYS DE SAINT BRIE	00:18:32	123	02:28	00:30:58 58 (+42)	34,88		00:18:57 19 (+27)	03:47 1:08:25.45	08:56:00	
55	140 GUENEGO Vincent	36 S2M	AMICALE LAIQUE ECHIROLLES TRI R-A	00:16:32	58	02:12	00:31:21 68 (-1)	34,45		00:20:34 53 (+4)	04:07 1:08:26.15	08:57:00	
56	85 LECOUTEUX Pierre Herve	2 JUM	PLOEMEUR	00:14:21	8	01:55	00:31:46 80 (-27)	34		00:22:22 109 (-21)	04:28 1:08:26.75	08:57:00	
57	29 GUERINEL Williams	7 CAM	TRI OLYMPIQUE CLUB CESSONNAIS	00:16:14	48	02:10	00:31:16 65 (+1)	34,54		00:20:58 70 (-10)	04:12 1:08:27.05	08:58:00	
58	173 ECOLAN Jean	12 V2M	GESTEL	00:17:12	74	02:18	00:31:39 75 (-1)	34,12		00:19:53 39 (+17)	03:59 1:08:41.90	09:12:00	
59	38 CARNAC Romain	37 S1M	VANNES	00:15:44	30	02:06	00:31:47 81 (-18)	33,98		00:21:12 79 (-11)	04:14 1:08:42.65	09:13:00	
60	102 NAYL Cedric	38 S3M	JOSELIN	00:17:55	96	02:23	00:32:07 91 (+7)	33,63		00:18:48 14 (+29)	03:46 1:08:47.95	09:18:00	
61	133 SANTOS Ruben	13 V1M	ESPERANCE CHARTRES DE BRET BRE	00:18:39	132	02:29	00:29:12 20 (+76)	36,99		00:21:06 74 (-5)	04:13 1:08:55.00	09:25:00	
62	138 LE ROUZIC Ludovic	39 S3M	ST ETIENNE DE MER MORTE	00:17:51	91	02:23	00:30:33 46 (+26)	35,35		00:20:36 57 (+3)	04:07 1:08:58.80	09:29:00	
63	147 GOURDET Thomas	40 S2M	SAINT HERBLAIN TRIATHLON	00:17:22	80	02:19	00:32:06 90 (+2)	33,64		00:19:34 30 (+15)	03:55 1:08:59.65	09:30:00	
64	21 CADIOU Olivier	14 V1M	KERMARIA SULARD	00:16:06	45	02:09	00:31:33 73 (-8)	34,23		00:21:22 84 (-11)	04:16 1:09:00.10	09:31:00	
65	6 EVENO Bertrand	15 V2M	WAPITI TRIATHLON CLUB DE LAR	00:18:26	117	02:27	00:29:51 32 (+55)	36,18		00:21:00 72 (-3)	04:12 1:09:15.85	09:46:00	
66	221 LEBREUILLY Philippe	41 S3M	U.S. CRETEIL TRIATHLON	00:17:17	76	02:18	00:32:12 96 (-4)	33,54		00:19:53 40 (+14)	03:59 1:09:21.00	09:51:00	
67	210 SUPPI Jerome	42 S2M	PLOEMEUR	00:17:25	82	02:19	00:32:18 99 (-4)	33,44		00:19:42 34 (+19)	03:56 1:09:24.10	09:55:00	
68	25 ENGUIALE Jean Marc	43 S4M	WAPITI TRIATHLON CLUB DE LAR	00:17:52	92	02:23	00:31:49 83 (+7)	33,94		00:19:46 36 (+17)	03:57 1:09:25.25	09:56:00	
69	111 BERGEROUX Christophe	44 S4M	C N MORLAIX TRIATHLON	00:17:20	79	02:19	00:31:17 66 (+6)	34,52		00:20:53 69 (+4)	04:11 1:09:27.65	09:58:00	
70	198 GUIMONT Frederic	16 V2M	RENNES TRIATHLON	00:18:17	108	02:26	00:30:14 38 (+37)	35,72		00:21:07 76 (+1)	04:13 1:09:37.05	10:08:00	
71	22 BORNLY Laurent	17 V1M	LANESTER	00:15:43	29	02:06	00:32:50 115 (-43)	32,89		00:21:12 78 (+1)	04:14 1:09:43.40	10:14:00	
72	47 ROBERT Stephane	18 V1M	LORIENT-TRIATHLON-FLK	00:15:34	21	02:05	00:31:54 84 (-24)	33,86		00:22:18 107 (-27)	04:28 1:09:44.20	10:15:00	
73	236 HELLEUX Charlotte	1 CAF	TRI OLYMPIQUE CLUB CESSONNAIS	00:15:39	26	02:05	00:32:47 113 (-41)	32,94		00:21:26 86 (-6)	04:17 1:09:50.15	10:21:00	
74	116 LE HO Herve	19 V2M	CEPS DINAN ARMOR TRIATHLON	00:18:20	111	02:27	00:30:49 56 (+34)	35,05		00:20:47 63 (+3)	04:09 1:09:53.85	10:24:00	
75	33 ROCABOY Jean Luc	45 S4M	SAINT GILLES	00:18:34	125	02:29	00:29:16 21 (+70)	36,9		00:22:16 105 (-20)	04:27 1:10:04.40	10:35:00	
76	201 COUNY Sebastien	46 S3M	ORLEANAIS TRIATHLON CLUB 45	00:15:55	36	02:07	00:30:15 39 (0)	35,7		00:24:01 156 (-40)	04:48 1:10:09.85	10:40:00	
77	3 LE NAOUR Yvon	47 S4M	NEVEZ	00:18:55	141	02:31	00:30:40 50 (+58)	35,22		00:20:38 59 (+6)	04:08 1:10:11.40	10:42:00	
78	115 DUBREUIL Yannick	48 S3M	ESPERANCE CHARTRES DE BRET BRE	00:15:52	35	02:07	00:30:12 37 (+1)	35,76		00:24:20 166 (-44)	04:52 1:10:23.15	10:54:00	
79	105 KERBART David	49 S4M	TREFFLEAN	00:16:45	65	02:14	00:31:35 74 (+2)	34,2		00:22:08 100 (-16)	04:26 1:10:26.15	10:57:00	
80	118 LEMAIRE Christophe	20 V1M	QUIBERON TRIATHLON	00:15:57	38	02:08	00:31:04 62 (-4)	34,76		00:23:32 140 (-38)	04:42 1:10:31.25	11:02:00	
81	18 BRIGEOT Romaric	50 S2M	LORIENT-TRIATHLON-FLK	00:17:38	85	02:21	00:31:03 61 (+11)	34,78		00:21:53 95 (-7)	04:23 1:10:31.95	11:02:00	
82	112 BOSCHER Arnaud	51 S4M	CEPS DINAN ARMOR TRIATHLON	00:17:54	94	02:23	00:32:11 94 (+2)	33,56		00:20:34 55 (+10)	04:07 1:10:38.10	11:09:00	
83	258 PICHON Philippe	21 V2M	TREMEVEN	00:19:26	154	02:35	00:30:03 35 (+75)	35,94		00:21:13 80 (-4)	04:15 1:10:39.80	11:10:00	
84	46 POCHON Jean Marc	22 V1M	LAGARDERE PARIS RACING	00:18:09	101	02:25	00:31:55 85 (+10)	33,84		00:20:51 67 (+7)	04:10 1:10:53.35	11:24:00	
85	64 KERSANTE Pierrick	52 S4M	QUESTEMBERT	00:16:49	67	02:15	00:34:30 151 (-46)	31,3		00:19:38 33 (+28)	03:56 1:10:55.70	11:26:00	
86	13 JOURDAN Jerome	53 S4M	AS MUNICIPAUX DE RENNES MET	00:17:27	83	02:20	00:31:01 59 (+14)	34,82		00:22:31 114 (-17)	04:30 1:10:58.45	11:29:00	
87	260 LE BOURHIS Eric	23 V1M	KEMPERLE TRIATHLON	00:16:55	69	02:15	00:30:42 52 (+18)	35,18		00:23:32 139 (-36)	04:42 1:11:07.70	11:38:00	
88	220 DIBOUES Gwenael	54 S3M	PONTIVY TRIATHLON	00:18:35	126	02:29	00:31:45 79 (+29)	34,02		00:20:51 68 (+9)	04:10 1:11:08.60	11:39:00	
89	88 CANCOUET Mickael	55 S3M	LOCQUeltas	00:18:16	106	02:26	00:31:45 78 (+18)	34,02		00:21:11 77 (-1)	04:14 1:11:10.35	11:41:00	
90	217 CLAEYSSEN Yann	24 V1M	LARMOR PLAG	00:17:55	97	02:23	00:32:19 100 (+3)	33,42		00:21:00 71 (+4)	04:12 1:11:12.00	11:42:00	
91	103 MASSON Laurent	56 S3M	RENNES	00:18:04	99	02:25	00:32:51 117 (-6)	32,88		00:20:47 64 (+14)	04:09 1:11:40.55	12:11:00	
92	28 CHANUSSOT Eric	25 V2M	TRIATHLON PAYS DE SAINT BRIE	00:18:55	142	02:31	00:30:41 51 (+58)	35,2		00:22:14 104 (-8)	04:27 1:11:49.05	12:20:00	
93	206 GUITTON Vincent	57 S4M	TRIATHLON CLUB NANTAIS	00:18:09	100	02:25	00:33:26 130 (-22)	32,3		00:20:28 52 (+29)	04:06 1:12:01.95	12:32:00	
94	119 SARDA Philippe	58 S4M	ECUREUILS DE PLOUAY	00:16:15	50	02:10	00:31:58 87 (-11)	33,79		00:24:04 159 (-33)	04:49 1:12:14.95	12:45:00	
95	109 BOGIGUEL Damien	59 S3M	BETTON	00:17:51	90	02:23	00:33:09 124 (-19)	32,58		00:21:17 81 (+14)	04:15 1:12:15.55	12:46:00	
96	197 LE SCOUL Cedric	60 S3M	ST BREVIN LES PINS	00:18:10	103	02:25	00:32:10 93 (+5)	33,58		00:22:09 101 (+2)	04:26 1:12:27.95	12:58:00	
97	77 REBOURS Guillaume	61 S3M	AS MUNICIPAUX DE RENNES MET	00:18:33	124	02:28	00:32:24 102 (+17)	33,33		00:21:36 90 (+10)	04:19 1:12:32.30	13:03:00	
98	239 GUILLAMET Celine	2 S4F	ANGERS TRIATHLON	00:17:09	73	02:17	00:32:42 111 (-14)	33,03		00:22:48 122 (-11)	04:34 1:12:37.85	13:08:00	
99	137 RAILLARD Alexis	62 S3M	REZE	00:16:06	44	02:09	00:35:16 167 (-72)	30,62		00:21:18 83 (+17)	04:16 1:12:38.35	13:09:00	
100	35 CARNAC Thibault	3 JUM	VANNES	00:16:17	51	02:10	00:31:41 76 (-9)	34,09		00:24:44 169 (-40)	04:57 1:12:40.45	13:11:00	
101	9 LE FERREC Gabriel	26 V1M	WAPITI TRIATHLON CLUB DE LAR	00:18:42	133	02:30	00:31:25 70 (+40)	34,38		00:22:50 123 (-8)	04:34 1:12:55.75	13:26:00	
102	1 GARLENC Laurent	63 S2M	DINARD AMICAL CLUB - TRIATHLO BRE	00:16:22	53	02:11	00:33:59 144 (-46)	31,78		00:22:37 115 (-3)	04:31 1:12:56.45	13:27:00	



Rang	Doss. NOM Prénom	P. / Cat.	Club	Natation Temps	750m P.	100m	Vélo Temps	18 Km P. (Gain)	Km/H	CàP Temps	5 Km P. (Gain)	TOTAL 1000m	Écart
103	93 CAVARO Herve	64 S3M	BRESSUIRE	00:21:21	201	02:51	00:32:54 118 (+44)	32,83	00:18:45 13 (+54)	03:45 1:12:58.30	13:29:00		
104	5 LE DIOT Stephane	27 V2M	TRI OLYMPIQUE CLUB CESSONNAIS	00:17:51	89	02:23	00:32:27 103 (-7)	33,28	00:22:43 119 (-8)	04:33 1:12:59.85	13:30:00		
105	86 CORBE Yves Francois	65 S3M	LANDIVISIAU TRIATHLON	00:22:32	212	03:00	00:28:37 13 (+101)	37,74	00:21:58 96 (+6)	04:24 1:13:05.65	13:36:00		
106	96 LE TARNEC Mael	66 S1M	SAINT CHEREN	00:19:50	166	02:39	00:33:46 140 (+16)	31,98	00:19:32 28 (+44)	03:54 1:13:07.05	13:38:00		
107	49 THOMAS Laurent	28 V1M	PONTIVY TRIATHLON	00:19:53	171	02:39	00:31:15 64 (+61)	34,56	00:22:04 99 (+3)	04:25 1:13:10.35	13:41:00		
108	204 BELLEC Laurent	67 S3M	PLOEMEUR TRIATHLON	00:18:45	136	02:30	00:32:13 97 (+28)	33,52	00:22:18 108 (0)	04:28 1:13:15.20	13:46:00		
109	171 CARTON Matthieu	68 S3M	TEAM TRIATHLON BAIE DE SOMM	00:17:44	86	02:22	00:32:57 120 (-18)	32,78	00:22:47 121 (-5)	04:33 1:13:26.05	13:57:00		
110	218 COLLIN Regis	29 V1M	ST PIERRE EN ...	00:19:51	167	02:39	00:31:21 67 (+55)	34,45	00:22:17 106 (+2)	04:27 1:13:27.55	13:58:00		
111	34 PERESSE Franck	30 V1M	WAPITI TRIATHLON CLUB DE LAR	00:16:20	52	02:11	00:34:16 149 (-51)	31,52	00:23:03 128 (-8)	04:37 1:13:37.60	14:08:00		
112	26 DREANO Eric	31 V1M	ECUREUILS DE PLOUAY	00:19:22	152	02:35	00:32:09 92 (+33)	33,59	00:22:10 102 (+7)	04:26 1:13:40.00	14:10:00		
113	184 LE FUR Marcel	32 V1M	LORIENT-TRIATHLON-FLK	00:16:43	63	02:14	00:32:50 114 (-19)	32,89	00:24:13 162 (-31)	04:51 1:13:44.15	14:15:00		
114	209 LE TALLEC Jean Philippe	69 S3M	PLOEMEUR	00:19:44	160	02:38	00:32:22 101 (+32)	33,37	00:21:41 92 (+14)	04:20 1:13:45.75	14:16:00		
115	79 ROBERT Stephane	70 S4M	AS MUNICIPAUX DE RENNES MET	00:19:19	151	02:35	00:33:05 122 (+20)	32,64	00:21:25 85 (+16)	04:17 1:13:48.40	14:19:00		
116	95 FERRAND Michel	71 S3M	TRI CLUB CLISSONNAIS	00:17:19	78	02:19	00:34:33 152 (-45)	31,26	00:21:59 97 (+7)	04:24 1:13:49.90	14:20:00		
117	78 GODEST Christophe	72 S4M	CHATEAUGIRONS	00:19:35	159	02:37	00:32:50 116 (+27)	32,89	00:21:28 87 (+15)	04:18 1:13:52.35	14:23:00		
118	255 TALEDEC Christian	33 V1M	LORIENT	00:21:03	195	02:48	00:31:48 82 (+54)	33,96	00:21:06 75 (+23)	04:13 1:13:54.85	14:25:00		
119	161 LE ROCH Gaetan	73 S3M	JACQUES CARTIER TRI COTE D E	00:19:22	153	02:35	00:33:05 121 (+20)	32,64	00:21:34 89 (+14)	04:19 1:13:59.55	14:30:00		
120	23 CHAILLOUX Alexandre	74 S3M	LORIENT-TRIATHLON-FLK	00:18:46	137	02:30	00:32:12 95 (+31)	33,54	00:23:12 132 (-14)	04:38 1:14:08.00	14:38:00		
121	135 LIEURY Sebastien	75 S3M	WAPITI TRIATHLON CLUB DE LAR	00:18:15	105	02:26	00:33:19 127 (-16)	32,42	00:22:50 124 (0)	04:34 1:14:22.85	14:53:00		
122	57 GERGAUD Franck	34 V1M	ST JULIEN DE CONCELLES	00:16:29	56	02:12	00:33:59 146 (-45)	31,78	00:23:58 153 (-21)	04:48 1:14:24.95	14:55:00		
123	44 PINAULT Karl	35 V1M	LANNION TRIATHLON	00:18:29	119	02:28	00:31:58 88 (+19)	33,79	00:24:00 155 (-23)	04:48 1:14:26.10	14:57:00		
124	224 PERROT Cecile	3 S3F	AS MUNICIPAUX DE RENNES MET	00:16:38	61	02:13	00:33:38 134 (-34)	32,11	00:24:13 163 (-29)	04:51 1:14:27.95	14:58:00		
125	45 ROUSSARD Remy	76 S4M	LORIENT	00:17:34	84	02:21	00:33:45 139 (-30)	32	00:23:18 134 (-11)	04:40 1:14:36.50	15:07:00		
126	124 LE PALLEC David	77 S4M	DINGE	00:18:38	130	02:29	00:34:02 147 (-8)	31,73	00:22:01 98 (+12)	04:24 1:14:38.50	15:09:00		
127	155 BLAINVILLAIN Jean Paul	36 V3M	A.S.F.A.S. TRIATHLON	00:18:22	113	02:27	00:33:43 138 (-14)	32,03	00:22:39 116 (0)	04:32 1:14:42.60	15:13:00		
128	80 HAZARD Philippe	37 V3M	U.S. CRETEIL TRIATHLON	00:19:02	143	02:32	00:32:29 105 (+23)	33,25	00:23:14 133 (-8)	04:39 1:14:43.60	15:14:00		
129	178 BOLLIER Pascal	78 S3M	AMBARES	00:21:01	194	02:48	00:32:03 89 (+50)	33,7	00:21:43 93 (+15)	04:21 1:14:45.15	15:16:00		
130	99 ROBERT Adrien	79 S1M	QUIBERON	00:18:32	122	02:28	00:33:55 143 (-12)	31,84	00:22:27 111 (+4)	04:29 1:14:53.00	15:23:00		
131	65 PERRICHOT Herve	80 S4M	GUICHEN	00:18:49	138	02:31	00:31:43 77 (+36)	34,05	00:24:22 167 (-29)	04:52 1:14:53.00	15:23:00		
132	152 LE CALLOCH Ronan	81 S2M	CAUDAN	00:16:03	41	02:08	00:35:23 171 (-77)	30,52	00:23:33 141 (-14)	04:43 1:14:57.20	15:28:00		
133	121 HOUZE Patrice	38 V3M	TRI OLYMPIQUE CLUB CESSONNAIS	00:18:19	109	02:27	00:33:42 137 (-17)	32,05	00:23:11 131 (-7)	04:38 1:15:10.55	15:41:00		
134	16 FLOCH Pascal	39 V2M	TRI OLYMPIQUE CLUB CESSONNAIS	00:17:25	81	02:19	00:32:38 108 (-9)	33,09	00:25:09 178 (-44)	05:02 1:15:10.55	15:41:00		
135	40 DOMANGE Christian	40 V2M	LANNION TRIATHLON	00:20:32	180	02:44	00:32:57 119 (+31)	32,78	00:21:47 94 (+14)	04:21 1:15:14.55	15:45:00		
136	123 MELLET Marc	41 V2M	PONT PEAN	00:19:53	172	02:39	00:32:39 110 (+37)	33,08	00:22:45 120 (-1)	04:33 1:15:16.35	15:47:00		
137	134 LE MOAL Sebastien	82 S2M	WAPITI TRIATHLON CLUB DE LAR	00:18:24	115	02:27	00:33:34 133 (-9)	32,17	00:23:25 136 (-13)	04:41 1:15:20.55	15:51:00		
138	254 DOUILLARD Jean Yves	42 V1M	TRI OLYMPIQUE CLUB CESSONNAIS	00:18:51	139	02:31	00:32:33 106 (+22)	33,18	00:24:07 160 (-21)	04:49 1:15:29.25	16:00:00		
139	70 BOUTELLER Guillaume	83 S3M	PLOEMEUR	00:18:37	129	02:29	00:33:24 129 (+4)	32,34	00:23:40 144 (-14)	04:44 1:15:39.05	16:10:00		
140	145 MEUNIER Guillaume	84 S3M	CHARTRES	00:19:48	165	02:38	00:33:30 131 (+19)	32,24	00:22:23 110 (+6)	04:29 1:15:39.60	16:10:00		
141	259 LE ROUZIC Stephane	85 S4M	RENNES	00:21:10	197	02:49	00:32:44 112 (+44)	32,99	00:22:12 103 (+12)	04:26 1:16:04.25	16:35:00		
142	76 STRULLOU Eric	43 V1M	QUEVEN	00:17:50	88	02:23	00:35:53 182 (-63)	30,1	00:22:28 112 (+9)	04:30 1:16:09.65	16:40:00		
143	233 CONAN Catherine	4 S4F	AS MUNICIPAUX DE RENNES MET	00:19:07	146	02:33	00:33:41 136 (+6)	32,06	00:23:40 145 (-3)	04:44 1:16:26.65	16:57:00		
144	97 AMOUROUX Laurent	44 V1M	BELZ	00:17:47	87	02:22	00:34:36 153 (-43)	31,21	00:24:12 161 (-14)	04:50 1:16:33.95	17:04:00		
145	110 KATGELY Maxime	86 S4M	EXXON MOBIL TRIATHLON	00:19:33	157	02:36	00:33:06 123 (+20)	32,63	00:24:03 157 (-8)	04:49 1:16:40.15	17:11:00		
146	211 MAHE Jean Luc	45 V1M	SAINT HERBLAIN TRIATHLON	00:18:24	116	02:27	00:34:38 155 (-27)	31,18	00:23:45 148 (-3)	04:45 1:16:45.70	17:16:00		
147	10 LE FERREC Nicolas	8 CAM	WAPITI TRIATHLON CLUB DE LAR	00:18:43	134	02:30	00:32:39 109 (+19)	33,08	00:26:00 194 (-32)	05:12 1:17:20.00	17:50:00		
148	128 GAUNEAU Gilles	46 V2M	MARINE LORIENT	00:18:10	102	02:25	00:34:38 154 (-37)	31,18	00:24:45 170 (-9)	04:57 1:17:31.05	18:02:00		
149	181 LE ROCH Yannick	47 V2M	LARMOR PLAGE	00:20:42	186	02:46	00:33:17 126 (+32)	32,45	00:23:45 149 (+5)	04:45 1:17:42.75	18:13:00		
150	219 FERTALA Frederic	87 S3M	PARIS	00:18:27	118	02:28	00:36:17 187 (-44)	29,77	00:23:42 146 (+12)	04:44 1:18:24.30	18:55:00		
151	8 STINDEL Florent	88 S4M	MUZILLAC	00:17:16	75	02:18	00:34:54 159 (-54)	30,95	00:26:31 197 (-22)	05:18 1:18:39.10	19:10:00		
152	208 LE COZ Herve	89 S4M	POULDREUZIC	00:23:05	218	03:05	00:34:56 160 (+18)	30,92	00:20:40 61 (+48)	04:08 1:18:39.75	19:10:00		
153	120 LE GRILL Christian	48 V1M	LA CHAPELLE/ERDRE	00:21:38	205	02:53	00:33:20 128 (+36)	32,4	00:23:43 147 (+16)	04:45 1:18:40.00	19:10:00		
154	48 MAHE Serge	49 V2M	PLOEMEUR	00:19:52	169	02:39	00:36:22 188 (-11)	29,7	00:22:29 113 (+26)	04:30 1:18:41.00	19:11:00		

Rang	Doss. NOM Prénom	P. / Cat.	Club	Natation Temps	750m P.	100m	Vélo Temps	18 Km P. (Gain)	Km/H	CàP Temps	5 Km P. (Gain)	TOTAL 1000m	Écart
155	247 MAHE Delphine	5 S2F	BEST TRIATHLON SAINT-NAZAIRE P-L	00:18:17	107	02:26	00:34:43	156 (-35)	31,11	00:25:45	189 (-13)	05:09 1:18:42.85	19:13:00
156	148 RIO Laurent	50 V1M	GUIDEL	00:19:48	164	02:38	00:33:32	132 (+17)	32,21	00:25:28	182 (-9)	05:06 1:18:45.85	19:16:00
157	242 DAVID Fabienne	6 S4F	NANTES	00:19:34	158	02:37	00:34:57	162 (-2)	30,9	00:24:17	165 (+3)	04:51 1:18:46.45	19:17:00
158	71 MAGUER Patrice	51 V1M	DAUPHINS DE L'ELORN LANDERN	00:23:03	217	03:04						1:18:46.85	19:17:00
159	229 CALVEZ Morgane	7 S4F	WAPITI TRIATHLON CLUB DE LAR	00:19:30	156	02:36	00:35:26	174 (-11)	30,48	00:24:03	158 (+8)	04:49 1:18:57.50	19:28:00
160	175 ROLLAND Yan	52 V2M	RENNES	00:19:53	170	02:39	00:35:18	168 (-3)	30,59	00:23:57	152 (+13)	04:47 1:19:06.85	19:37:00
161	19 VINCENT Jerome	90 S1M	REZE	00:22:51	214	03:03	00:32:28	104 (+40)	33,26	00:23:54	150 (+13)	04:47 1:19:12.00	19:42:00
162	172 FONTENEAU Nicolas	53 V3M	M.A.T. 72 LE MANS ASSOCIATION P-L	00:19:16	150	02:34	00:34:57	161 (-6)	30,9	00:25:07	176 (-6)	05:01 1:19:18.10	19:49:00
163	167 GARGADENNEC Yves	91 S3M	LORIENT	00:17:00	71	02:16	00:36:50	198 (-81)	29,32	00:25:37	184 (-11)	05:07 1:19:24.95	19:55:00
164	150 BOTHUAN Gilles	92 S3M	PORCARO	00:19:10	148	02:33	00:35:20	170 (-11)	30,57	00:25:03	175 (-5)	05:01 1:19:31.45	20:02:00
165	125 SIMONET Ludovic	93 S3M	RENNES TRIATHLON	00:19:45	162	02:38	00:33:39	135 (+14)	32,1	00:26:24	196 (-17)	05:17 1:19:46.70	20:17:00
166	166 DESTERNES Evrard	94 S2M	NANTES	00:20:34	182	02:45	00:34:24	150 (+14)	31,4	00:24:56	173 (+2)	04:59 1:19:51.60	20:22:00
167	117 CHATEL Sebastien	95 S3M	TRIATHLON CLUB DE QUIMPER	00:21:13	199	02:50	00:35:43	179 (+10)	30,24	00:23:00	127 (+22)	04:36 1:19:54.35	20:25:00
168	248 PUTON Laurence	8 S4F	TRIATHLON CLUB NANTAIS	00:21:52	209	02:55	00:36:35	192 (+8)	29,52	00:21:30	88 (+33)	04:18 1:19:56.00	20:26:00
169	226 HELIAS Annaick	1 V1F	WAPITI TRIATHLON CLUB DE LAR	00:20:39	185	02:45	00:35:50	180 (+2)	30,14	00:23:31	138 (+14)	04:42 1:19:58.85	20:29:00
170	12 PRAT Gwenael	96 S4M	BREST TRIATHLON	00:16:47	66	02:14	00:36:23	189 (-79)	29,68	00:26:58	203 (-25)	05:24 1:20:07.25	20:38:00
171	202 LE VILAIN Lionel	97 S4M	LORIENT	00:18:31	120	02:28	00:35:57	183 (-38)	30,04	00:25:43	187 (-13)	05:09 1:20:09.95	20:40:00
172	27 MIKOLAJCZYK Philippe	54 V1M	TRIATHLON SPORT COUERONNAI P-L	00:19:54	173	02:39	00:34:51	157 (+10)	30,99	00:25:41	186 (-9)	05:08 1:20:24.65	20:55:00
173	199 LE GOFF Laurent	55 V2M	WAPITI TRIATHLON CLUB DE LAR	00:20:33	181	02:44	00:36:01	184 (-4)	29,99	00:23:56	151 (+12)	04:47 1:20:28.45	20:59:00
174	139 HUELAMO DIAZ Benjamin	98 S3M	ASM.SAINT-ETIENNE TRIATHLON	00:18:39	131	02:29	00:33:59	145 (-5)	31,78	00:27:54	210 (-38)	05:35 1:20:30.75	21:01:00
175	17 PIGNAUD Olivier	56 V2M	AS MUNICIPAUX DE RENNES MET	00:19:09	147	02:33	00:34:54	158 (-8)	30,95	00:26:35	200 (-20)	05:19 1:20:35.60	21:06:00
176	249 YVINEC Nadine	2 V2F	BREST TRIATHLON	00:21:19	200	02:51	00:33:47	141 (+28)	31,97	00:25:32	183 (-4)	05:06 1:20:36.15	21:07:00
177	244 DENIAUD Aurelie	9 S2F	SAINT HERBLAIN TRIATHLON	00:19:03	144	02:32	00:38:45	211 (-55)	27,87	00:22:58	126 (+22)	04:36 1:20:44.30	21:15:00
178	83 GUINIER David	57 V1M	LORIENT	00:20:21	177	02:43	00:36:52	199 (-17)	29,29	00:23:35	142 (+16)	04:43 1:20:46.65	21:17:00
179	160 FREULON Yves	58 V5M	ANJOU TRIATHLON TRELAZE	00:19:15	149	02:34	00:35:24	172 (-12)	30,51	00:26:11	195 (-18)	05:14 1:20:48.35	21:19:00
180	41 HILLERET Matthieu	99 S2M	LANNION TRIATHLON	00:21:12	198	02:50	00:33:53	142 (+27)	31,87	00:25:57	193 (-9)	05:11 1:21:01.40	21:32:00
181	238 LORANT Michele	10 S4F	TRIATHLON PAYS DE SAINT BRIE	00:20:36	183	02:45	00:35:35	177 (+4)	30,35	00:24:56	174 (-2)	04:59 1:21:05.45	21:36:00
182	66 BOSSARD David	100 S4M	PACE	00:20:54	191	02:47	00:35:02	163 (+13)	30,83	00:25:24	181 (-4)	05:05 1:21:18.35	21:49:00
183	84 MICHEL Daniel	59 V4M	QUIBERON TRIATHLON	00:18:20	110	02:27	00:36:39	195 (-60)	29,47	00:26:32	198 (-13)	05:18 1:21:28.95	21:59:00
184	235 RAGOT Valerie	11 S2F	HENNEBONT TRIATHLON	00:20:45	188	02:46	00:35:38	178 (+7)	30,31	00:25:17	180 (-3)	05:03 1:21:38.95	22:09:00
185	146 HUBERT Georges	60 V4M	TRIATHLON CLUB NANTAIS	00:20:29	179	02:44	00:36:38	194 (-12)	29,48	00:24:38	168 (+6)	04:56 1:21:42.80	22:13:00
186	56 PERRONO Fabrice	101 S4M	TRIATHLON CLUB NANTAIS	00:18:45	135	02:30	00:36:59	203 (-41)	29,2	00:26:41	201 (-10)	05:20 1:22:23.35	22:54:00
187	136 DELBAERE Thierry	102 S4M	CLUB NAUTIQUE DU CANTON D A	00:21:27	202	02:52	00:35:07	165 (+16)	30,75	00:25:53	191 (-1)	05:11 1:22:25.95	22:56:00
188	106 BLECON Francois	103 S3M	AS MUNICIPAUX DE RENNES MET	00:18:54	140	02:31	00:36:45	197 (-35)	29,39	00:26:56	202 (-13)	05:23 1:22:34.45	23:05:00
189	141 NICOU Romuald	104 S4M	HENNEBONT	00:20:04	175	02:41	00:37:26	204 (-22)	28,85	00:25:08	177 (+8)	05:02 1:22:35.95	23:06:00
190	241 METTIER Marie	12 S4F	HENNEBONT TRIATHLON	00:23:57	225	03:12	00:33:10	125 (+33)	32,56	00:25:44	188 (+2)	05:09 1:22:50.05	23:21:00
191	122 ROBIN Arnaud	61 V1M	TALENSAC	00:20:23	178	02:43	00:36:57	202 (-17)	29,23	00:25:40	185 (+4)	05:08 1:22:59.00	23:29:00
192	251 PAYET Marguerite	13 S4F	TREMEVEN	00:24:32	227	03:16	00:35:25	173 (+18)	30,49	00:23:05	129 (+17)	04:37 1:23:00.55	23:31:00
193	183 ELUDUT Andre	62 V1M	BOURG DES COMPTES	00:18:22	112	02:27	00:38:11	208 (-72)	28,28	00:26:34	199 (-9)	05:19 1:23:05.65	23:36:00
194	154 COUET Emmanuel	63 V1M	ST JACQUES	00:19:52	168	02:39	00:35:04	164 (+2)	30,8	00:28:23	215 (-28)	05:41 1:23:17.30	23:48:00
195	245 CALLOCH Sandrine	14 S4F	PANTIN	00:23:13	219	03:06	00:36:34	190 (+11)	29,54	00:23:58	154 (+13)	04:48 1:23:43.65	24:14:00
196	246 QUINTON Aline	2 CAF	ERNEENNE SPORTS TRIATHLON	00:22:53	215	03:03	00:35:51	181 (+13)	30,13	00:25:10	179 (+6)	05:02 1:23:52.50	24:23:00
197	94 MARREC Matthieu	105 S2M	LORIENT	00:22:42	213	03:02	00:36:35	191 (+8)	29,52	00:24:51	172 (+8)	04:58 1:24:06.20	24:37:00
198	11 COUFFON Thierry	64 V1M	TRI OLYMPIQUE CLUB CESSONNAIS	00:22:02	211	02:56	00:35:07	166 (+18)	30,75	00:27:39	206 (-5)	05:32 1:24:47.25	25:18:00
199	131 PIEL Gerard	65 V5M	CEPS DINAN ARMOR TRIATHLON	00:21:33	203	02:52	00:36:04	185 (+5)	29,94	00:27:12	204 (-1)	05:26 1:24:47.65	25:18:00
200	250 LE POETVIN Elodie	15 S2F	QUEVEN	00:22:57	216	03:04	00:38:35	210 (+1)	27,99	00:23:18	135 (+15)	04:40 1:24:48.95	25:19:00
201	61 BECQUE Stephane	106 S4M	HENNEBONT TRIATHLON	00:20:45	187	02:46	00:34:04	148 (+22)	31,7	00:30:18	223 (-36)	06:04 1:25:05.65	25:36:00
202	50 JAN Guy	66 V5M	PONTIVY TRIATHLON	00:21:53	210	02:55	00:35:34	176 (+14)	30,37	00:27:52	208 (-6)	05:34 1:25:17.55	25:48:00
203	252 AUDIC Nadine	3 V2F	SAINT HERBLAIN TRIATHLON	00:23:30	223	03:08	00:37:41	206 (+9)	28,66	00:24:13	164 (+11)	04:51 1:25:22.45	25:53:00
204	32 FERRERO Louis	67 V2M	ST PIERRE QUIBERON	00:17:52	93	02:23	00:36:56	201 (-71)	29,24	00:30:36	225 (-40)	06:07 1:25:23.05	25:54:00
205	240 PIEL Karine	16 S4F	CEPS DINAN ARMOR TRIATHLON	00:20:00	174	02:40	00:36:36	193 (-13)	29,51	00:28:49	217 (-18)	05:46 1:25:23.95	25:54:00
206	231 LE FLOH Audrey	17 S1F	DAOULAS	00:23:53	224	03:11	00:38:27	209 (+6)	28,09	00:23:09	130 (+12)	04:38 1:25:28.05	25:59:00



Rang	Doss.	NOM Prénom	P. / Cat.	Club	Natation Temps	750m P.	100m	Vélo Temps	18 Km P. (Gain)	Km/H	CàP Temps	5 Km P. (Gain)	TOTAL 1000m	Écart
207	127	VOLATIER Martin	107 S4M	LAGARDERE PARIS RACING	00:20:55	192	02:47	00:38:50	212 (-15)	27,81	00:25:56	192 (0)	05:11 1:25:39.60	26:10:00
208	207	LE ROUX Fabrice	108 S4M	HENNEBONT	00:21:46	208	02:54	00:40:29	223 (-9)	26,68	00:23:28	137 (+9)	04:42 1:25:42.15	26:13:00
209	55	MORALES Pascal	68 V1M	CAUDAN	00:21:36	204	02:53						1:25:42.90	26:13:00
210	31	GUELZEC Gerard	70 V2M	PLUNERET	00:19:04	145	02:33	00:36:41	196 (-32)	29,44	00:30:14	222 (-33)	06:03 1:25:58.50	26:29:00
211	130	ALLAIN Bernard	69 V2M	LORIENT	00:20:59	193	02:48	00:36:06	186 (+3)	29,92	00:28:54	219 (-21)	05:47 1:25:58.50	26:29:00
212	164	MORIN Guy	71 V5M	CEPS DINAN ARMOR TRIATHLON	00:21:06	196	02:49	00:35:20	169 (+14)	30,57	00:29:55	221 (-30)	05:59 1:26:19.05	26:50:00
213	67	MARECHAL Daniel	109 S4M	GOVEN	00:27:01	232	03:36	00:37:48	207 (+8)	28,57	00:22:41	118 (+11)	04:32 1:27:29.15	28:00:00
214	228	LE FORESTIER Celine	18 S2F	WAPITI TRIATHLON CLUB DE LAR	00:20:13	176	02:42	00:39:27	217 (-30)	27,38	00:28:01	212 (-8)	05:36 1:27:39.50	28:10:00
215	59	COLLIAS Franck	110 S4M	GESTEL	00:28:52	218 (-1)	03:51						1:28:05.10	28:36:00
216	113	COLLET Emmanuel	72 V1M	VERN SUR SEICHE	00:24:53	230	03:19	00:40:17	221 (+5)	26,81	00:23:37	143 (+9)	04:43 1:28:44.75	29:15:00
217	225	BOISSEAU Nathalie	19 S4F	WAPITI TRIATHLON CLUB DE LAR	00:20:54	190	02:47	00:40:06	220 (-23)	26,93	00:27:47	207 (-4)	05:33 1:28:45.20	29:16:00
218	253	GUILBAUD Cathy	4 V3F	LORIENT	00:24:43	229	03:18	00:46:24	226 (+1)	23,28	00:18:00	4 (+10)	03:36 1:29:05.85	29:36:00
219	227	LEVAYER Sabine	20 S4F	MSA TRIATHLON	00:23:23	221	03:07	00:37:28	205 (+9)	28,83	00:28:27	216 (-7)	05:41 1:29:16.10	29:47:00
220	174	FOUCAUD Emmanuel	73 V1M	TRIATHLON CLUB NANTAIS	00:20:52	189	02:47	00:40:55	224 (-27)	26,4	00:27:31	205 (-4)	05:30 1:29:16.35	29:47:00
221	192	JAFFRE Louis	9 CAM	GUIDEL	00:24:34	228	03:17	00:39:35	218 (+7)	27,28	00:25:49	190 (0)	05:10 1:29:56.50	30:27:00
222	190	BORGNARD Serge	74 V4M	TRI OLYMPIQUE CLUB CESSONNAIS	00:27:10	233	03:37	00:35:27	175 (+14)	30,47	00:28:03	213 (-3)	05:37 1:30:38.65	31:09:00
223	243	JANNES Juliette	21 S2F	ETTERBEER (BELGIQUE)	00:21:42	206	02:54	00:38:58	215 (-5)	27,72	00:30:28	224 (-12)	06:06 1:31:06.60	31:37:00
224	129	MORVAN Herve	75 V1M	BARBERY	00:19:27	155	02:36	00:47:06	227 (-71)	22,93	00:24:46	171 (+2)	04:57 1:31:17.40	31:48:00
225	169	ANDRE Francois	111 S2M	PARIS	00:24:25	226	03:15	00:39:51	219 (+3)	27,1	00:28:00	211 (-2)	05:36 1:32:14.75	32:45:00
226	179	MOINS Sebastien	112 S3M	AMBARES	00:25:07	231	03:21	00:39:04	216 (+9)	27,65	00:28:05	214 (-4)	05:37 1:32:14.85	32:45:00
227	214	ARBEZ Gilles	76 V2M	MARINE LORIENT	00:19:44	161	02:38	00:36:54	200 (-27)	29,27	00:35:50	229 (-39)	07:10 1:32:27.00	32:57:00
228	82	LINCY Julien	113 S2M	RENNES	00:20:38	184	02:45	00:43:18	225 (-36)	24,94	00:29:19	220 (-8)	05:52 1:33:13.75	33:44:00
229	232	LE MAOUT Isabelle	5 V2F	KEMPERLE TRIATHLON	00:21:46	207	02:54	00:38:52	213 (-3)	27,79	00:32:39	227 (-19)	06:32 1:33:14.75	33:45:00
230	182	MENARD Philippe	114 S4M	NANTES	00:28:46	234	03:50	00:38:54	214 (+7)	27,76	00:27:53	209 (-3)	05:35 1:35:31.90	36:02:00
231	256	NIGEN Fabienne	22 S3F	NANTES	00:23:25	222	03:07	00:49:10	228 (-7)	21,97	00:31:52	226 (-2)	06:22 1:44:25.85	44:56:00
232	98	LE BRUN Christophe	77 V2M	LORIENT	00:23:22	220	03:07	00:50:46	229 (-10)	21,27	00:32:41	228 (-2)	06:32 1:46:48.30	47:19:00
ABD	143	MELLIER Arnaud	S3M	TRI OLYMPIQUE CLUB CESSONNAIS	00:16:02	40	02:08						00:00	
ABD	187	LOCHET Benjamin	S1M	SAINT MALO	00:16:42	62	02:14						00:00	
ABD	142	LE GUELLEC Pierre	S2M	ECUREUILS DE PLOUAY	00:18:36	128	02:29	00:40:29	222 (-75)	26,68				
DSQ	72	NAVELLOU Jean Christophe	S4M	BESANCON TRIATHLON	00:16:32		02:12	00:29:31		36,59	00:21:51		04:22	

Rang	Doss.	NOM	Prénom	P. / Cat.	Club	Natation	750m	Vélo	18 Km	CàP	5 Km	TOTAL	Écart
						Temps	P. 100m	Temps	P. (Gain) Km/H	Temps	P. (Gain) 1000m		