

Triathlon sprint de Larmor plage – 19 août 2012

Rg.	Dos.	NOM Prénom	Rg.	/Cat	CLUB	Natation		Vélo		CàP		Total	Écart	Points		
						Temps	Place	100m	Temps	Place	Km/h				Temps	Place
1	215	LE TRIONNAIRE Adam	1	JUM	WAPITI TRIATHLON CLUB DE LAR	0:12:48	2	01:42	0:29:47	3 (+1)	40,29	0:20:46	25 (0)	04:09 1:03:18,60	0:00	
2	177	LE FLOCH Armel	1	S4M	VO2 TRIATHLON	0:13:39	8	01:49	0:32:50	81 (-11)	36,55	0:17:31	1 (+17)	03:30 1:03:58,60	0:40	
3	92	FRAVALO Stephane	1	V1M	PONTIVY TRIATHLON	0:13:29	6	01:48	0:31:03	19 (+2)	38,65	0:19:42	6 (+1)	03:56 1:04:12,45	0:54	
4	311	SOULON Franck	2	S4M	USA TRIATHLON	0:14:17	20	01:54	0:29:56	4 (+18)	40,09	0:20:28	19 (-2)	04:06 1:04:39,50	1:21	
5	335	VOLAND Sebatién	3	S2M	ST NAZAIRE	0:14:19	22	01:55	0:30:27	11 (+17)	39,41	0:20:01	13 (0)	04:00 1:04:44,70	1:26	
6	30	BRIAND Serge	2	V2M	TRI OLYMPIQUE CLUB CESSONNA	0:14:25	25	01:55	0:30:22	9 (+19)	39,52	0:20:05	14 (0)	04:01 1:04:50,35	1:32	
7	216	LE VERGER Josselin	4	S3M	MEILLAC	0:14:02	13	01:52	0:30:13	7 (+10)	39,71	0:20:50	29 (-4)	04:10 1:05:02,90	1:44	
8	45	CARRE Vincent	5	S4M	HENNEBONT TRIATHLON	0:15:38	57	02:05	0:30:49	16 (+39)	38,94	0:18:56	2 (+10)	03:47 1:05:22,20	2:04	
9	155	KORETZKY Victor	2	JUM	COLLOMBEY	0:17:29	135	02:20	0:27:56	1 (+125)	42,96	0:20:06	15 (+1)	04:01 1:05:30,05	2:12	
10	324	BOUTIER Jean Philippe	6	S2M	RENNES TRIATHLON	0:15:18	47	02:02	0:31:13	21 (+26)	38,44	0:19:03	3 (+11)	03:49 1:05:33,35	2:15	96,57
11	169	LE CAM Simon	7	S3M	TRIATHLON COTE D AMOUR	0:14:17	21	01:54	0:30:35	13 (+14)	39,24	0:20:58	32 (-4)	04:12 1:05:48,30	2:30	
12	281	POULAIN Pascal	3	V1M	TRIATHLON PAYS DE SAINT BRIE	0:16:25	85	02:11	0:30:13	8 (+62)	39,71	0:19:14	4 (+11)	03:51 1:05:51,00	2:32	
13	85	DURAND Stephane	4	V1M	ST NICOLAS DE REDON	0:14:25	26	01:55	0:30:55	17 (+18)	38,81	0:20:38	22 (-5)	04:08 1:05:56,60	2:38	
14	220	LEMAIRE Yann	5	V1M	U.S. HAM TRIATHLON	0:14:03	15	01:52	0:31:55	37 (0)	37,60	0:20:15	16 (+1)	04:03 1:06:11,35	2:53	
15	188	LE GARS Hugo	1	JUM	PLOEMEUR TRIATHLON	0:13:07	4	01:45	0:32:33	69 (-8)	36,87	0:20:41	23 (-3)	04:08 1:06:19,20	3:01	
16	174	LE DORTZ Erwann	8	S4M	WAPITI TRIATHLON CLUB DE LAR	0:13:54	10	01:51	0:31:28	27 (+1)	38,14	0:21:03	33 (-7)	04:13 1:06:23,55	3:05	
17	301	RUPELLAN Yoann	9	S4M	LORIENT	0:16:16	82	02:10	0:30:24	10 (+58)	39,47	0:19:46	9 (+7)	03:57 1:06:25,30	3:07	
18	82	DREAN Guillaume	10	S2M	HENNEBONT TRIATHLON	0:15:39	59	02:05	0:30:07	6 (+45)	39,85	0:20:43	24 (-4)	04:09 1:06:27,40	3:09	
19	90	FOREST Antoine	11	S4M	WAPITI TRIATHLON CLUB DE LAR	0:14:59	37	02:00	0:31:21	23 (+20)	38,28	0:20:15	17 (-2)	04:03 1:06:33,70	3:15	
20	276	PIERRE Jimmy	12	S2M	TRI VELOCE SAINT SEBASTIEN	0:12:35	1	01:41	0:32:50	82 (-10)	36,55	0:21:15	41 (-9)	04:15 1:06:39,75	3:21	
21	205	LE RAY Yann	6	V1M	QUESTEMBERT	0:16:26	86	02:11	0:30:42	14 (+50)	39,09	0:19:56	11 (+15)	03:59 1:07:02,10	3:44	
22	267	PASQUIER Gilles	7	V1M	TRIATHLON COTE D AMOUR	0:15:06	39	02:01	0:32:10	47 (-2)	37,31	0:19:55	10 (+19)	03:59 1:07:09,70	3:51	
23	323	THOMAS Anthony	13	S2M	PLOEMEUR TRIATHLON	0:14:11	19	01:53	0:32:19	53 (-1)	37,13	0:20:49	27 (-3)	04:10 1:07:17,80	3:59	
24	198	LE NEZET Gaetan	14	S1M	PORT LOUIS	0:15:53	69	02:07	0:32:01	40 (+20)	37,48	0:19:25	5 (+25)	03:53 1:07:18,30	4:00	
25	284	QUESTERBERT Stephane	15	S4M	TRIATHLON COTE D AMOUR	0:15:49	66	02:07	0:31:15	22 (+32)	38,40	0:20:24	18 (+9)	04:05 1:07:26,60	4:08	
26	295	ROBERT Adrien	16	S1M	QUIBERON TRIATHLON	0:14:56	35	01:59	0:31:54	34 (+5)	37,62	0:20:49	28 (+4)	04:10 1:07:37,70	4:19	
27	41	CARIOU Mickael	17	S1M	LORIENT	0:15:11	40	02:01	0:32:02	41 (0)	37,46	0:20:30	21 (+13)	04:06 1:07:41,85	4:23	
28	259	MONNEAU Thomas	2	CAM	TRI VELOCE SAINT SEBASTIEN	0:13:21	5	01:47	0:32:37	70 (-11)	36,79	0:21:51	55 (-12)	04:22 1:07:48,45	4:30	
29	329	TURBE Eric	18	S4M	LA ROCHE VENDEE TRIATHLON	0:14:06	17	01:53	0:32:26	59 (-5)	37,00	0:21:41	48 (-7)	04:20 1:08:11,60	4:53	
30	87	ESVAN Yohann	19	S4M	TRIATHLE VANNES	0:16:46	103	02:14	0:30:48	15 (+58)	38,96	0:20:54	31 (+15)	04:11 1:08:26,40	5:08	
31	240	MAHE Christopher	20	S3M	BEST TRIATHLON SAINT-NAZAIRE	0:15:16	45	02:02	0:31:27	26 (+19)	38,16	0:22:00	64 (-5)	04:24 1:08:41,35	5:23	
32	313	SOURBIER Anthony	8	V1M	TRIATHLE VANNES	0:15:27	50	02:04	0:32:03	43 (+6)	37,44	0:21:25	46 (+12)	04:17 1:08:53,60	5:35	
33	125	HEBRARD Sebastien	21	S4M	ERDEVEN	0:14:55	34	01:59	0:31:59	38 (+2)	37,52	0:22:13	72 (-1)	04:27 1:09:05,00	5:46	
34	212	LE TARNEC Mael	22	S1M	US PALAISEAU TRIATHLON	0:16:30	91	02:12	0:32:41	74 (+20)	36,72	0:20:00	12 (+37)	04:00 1:09:09,70	5:51	
35	270	PENVERN Julien	23	S4M	TRIATHLON CLUB DE QUIMPER	0:14:49	32	01:59	0:32:47	80 (-15)	36,60	0:21:36	47 (+12)	04:19 1:09:11,15	5:53	
36	152	KERBRAT Mathieu	3	CAM	ECUREUILS DE PLOUAY	0:14:03	14	01:52	0:32:43	76 (-14)	36,68	0:22:36	79 (-8)	04:31 1:09:20,20	6:02	
37	166	LE BIHAN Yann	9	V1M	TRIATHLON CLUB PAYS DE MUZIL	0:17:00	115	02:16	0:32:43	75 (+31)	36,68	0:19:43	7 (+47)	03:57 1:09:24,10	6:06	
38	15	BELLENGER Lionel	10	V2M	LOUDEAC SPORT AVENTURE	0:15:00	38	02:00	0:32:08	46 (0)	37,34	0:22:25	76 (0)	04:29 1:09:31,80	6:13	
39	71	DAVERDIN Cyrille	11	V1M	CAUDAN	0:17:29	133	02:20	0:30:56	18 (+76)	38,79	0:21:18	43 (+18)	04:16 1:09:41,70	6:23	
40	58	COMMANCHAIL Sylvain	24	S1M	NANTES	0:15:59	74	02:08	0:31:11	20 (+35)	38,48	0:22:44	90 (-1)	04:33 1:09:53,10	6:35	
41	16	BERGERON Laurent	25	S4M	PLOEMEUR TRIATHLON	0:14:05	16	01:53	0:32:46	78 (-15)	36,62	0:23:11	114 (-10)	04:38 1:10:00,65	6:42	
42	291	REYMOND Yann	4	CAM	MONISTROL NATATION	0:14:22	24	01:55	0:32:19	52 (-1)	37,13	0:23:24	126 (-17)	04:41 1:10:03,40	6:45	
43	261	NEDELLEC Gerard	26	S4M	BSA CARHAIX TRIATHLON	0:16:32	92	02:12	0:30:30	12 (+59)	39,34	0:23:07	110 (-10)	04:37 1:10:07,25	6:49	
44	55	CLOAREC Yann	27	S4M	NANTES	0:16:42	97	02:14	0:32:08	44 (+32)	37,34	0:21:20	44 (+21)	04:16 1:10:07,70	6:49	
45	123	HAZARD Marine	1	S1F	VERSAILLES TRIATHLON	0:13:37	7	01:49	0:34:33	151 (-45)	34,73	0:21:59	62 (+7)	04:24 1:10:07,85	6:49	
46	51	CHARBONNIER Lucas	5	CAM	PLOEMEUR TRIATHLON	0:15:32	54	02:04	0:32:27	60 (+4)	36,98	0:22:11	71 (+4)	04:26 1:10:08,20	6:50	
47	158	LAGNIAUX Tanguy	6	CAM	RENNES TRIATHLON	0:14:08	18	01:53	0:32:40	73 (-11)	36,73	0:23:23	124 (-18)	04:41 1:10:09,15	6:51	90,25
48	53	CHEVAL Sylvain	28	S2M	BIC2000	0:18:21	180	02:27	0:30:01	5 (+124)	39,98	0:21:49	50 (+8)	04:22 1:10:10,65	6:52	
49	246	MATTER Tanguy	1	MIM	CHARTRES METROPOLE TRIATHL	0:13:52	9	01:51	0:31:49	31 (-4)	37,72	0:24:39	175 (-36)	04:56 1:10:18,85	7:00	
50	116	GUILLEMOTO Marc	12	V1M	ENDURANCE 72 TRIATHLON	0:15:52	68	02:07	0:33:41	118 (-10)	35,63	0:20:52	30 (+28)	04:10 1:10:23,90	7:05	
51	68	DAGORN Goulwen	29	S1M	BSA CARHAIX TRIATHLON	0:14:28	27	01:56	0:32:39	71 (-8)	36,75	0:23:25	127 (-16)	04:41 1:10:29,65	7:11	
52	38	CANCOUET Mickael	30	S4M	TRIATHLE VANNES	0:15:42	61	02:06	0:31:54	36 (+15)	37,62	0:22:58	101 (-6)	04:36 1:10:32,30	7:14	
53	150	JOURDAN Marc	13	V2M	CEPS DINAN ARMOR TRIATHLON	0:16:28	87	02:12	0:32:17	51 (+26)	37,17	0:21:50	51 (+8)	04:22 1:10:33,00	7:14	
54	286	QUIGNON Julien	31	S2M	WAPITI TRIATHLON CLUB DE LAR	0:15:30	53	02:04	0:31:38	28 (+16)	37,93	0:23:34	135 (-17)	04:43 1:10:41,00	7:22	
55	201	LE PIPEC Mathieu	32	S3M	ESPERANCE CHARTRES DE BRET	0:17:18	123	02:18	0:32:20	55 (+43)	37,11	0:21:06	35 (+25)	04:13 1:10:42,25	7:24	
56	266	PARANTHOEN Alan	33	S2M	TRIATHLON CLUB DE LOCMINE	0:14:33	28	01:56	0:34:17	139 (-38)	35,00	0:21:57	60 (+10)	04:23 1:10:45,55	7:27	
57	237	LUCAS Yoann	34	S2M	VANNES	0:20:30	283	02:44	0:29:39	2 (+191)	40,47	0:20:46	26 (+35)	04:09 1:10:53,35	7:35	
58	336	VOLANT Stephane	35	S4M	ESPERANCE CHARTRES DE BRET	0:17:54	157	02:23	0:31:54	35 (+71)	37,62	0:21:15	40 (+28)	04:15 1:11:02,50	7:44	
59	195	LE MAT Frederic	36	S4M	PLOEMEUR TRIATHLON	0:15:58	73	02:08	0:31:52	33 (+25)	37,66	0:23:20	117 (-11)	04:40 1:11:08,40	7:50	
60	44	CARNAC Thibault	37	S1M	TRIATHLE VANNES	0:14:52	33	01:59	0:33:27	102 (-20)	35,87	0:22:57	99 (-7)	04:35 1:11:14,05	7:56	

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Rg.	Dos.	NOM Prénom	Rg.	/Cat	CLUB	Natation		Vélo		CàP		Total	Écart	Points			
						Temps	Place	100m	Temps	Place	Km/h				Temps	Place	1000m
61	3	ALLIX Antoine	38	S3M	M.A.T. 72 LE MANS ASSOCIATION	0:18:13	176	02:26	0:32:01	39 (+81)	37,48	0:21:12	38 (+34)	04:14	1:11:23,70	8:05	
62	176	LE FALHER Philippe	14	V3M	LORIENT-TRIATHLON-FLK	0:15:37	56	02:05	0:31:46	29 (+14)	37,78	0:24:03	156 (-20)	04:49	1:11:24,60	8:06	
63	33	BUAUD Yvan	39	S4M	SAINT VIAUD	0:16:28	89	02:12	0:32:19	54 (+26)	37,13	0:22:41	83 (0)	04:32	1:11:26,75	8:08	
64	110	GUENEGO Vincent	40	S3M	ALBERTVILLE TARENTEISE TRIAT R-A	0:16:59	114	02:16	0:33:15	94 (+18)	36,09	0:21:17	42 (+32)	04:15	1:11:30,05	8:12	
65	42	CARNAC Romain	41	S2M	VANNES	0:14:58	36	02:00	0:34:38	154 (-43)	34,65	0:21:57	58 (+14)	04:23	1:11:31,40	8:13	
66	308	SERANDOUR Denis	15	V2M	TRIATHLON PAYS DE SAINT BRIE	0:16:58	111	02:16	0:32:31	63 (+37)	36,90	0:22:07	67 (+8)	04:25	1:11:33,90	8:15	
67	209	LE ROUX Kevin	42	S2M	US BANNALEC ATHLETISME	0:16:40	96	02:13	0:33:47	123 (-8)	35,52	0:21:11	37 (+37)	04:14	1:11:36,45	8:18	
68	128	HELLEUX Francois	16	V2M	ESPERANCE CHARTRES DE BRET	0:16:02	76	02:08	0:32:32	67 (+18)	36,89	0:23:08	112 (-10)	04:38	1:11:40,15	8:22	
69	76	DEPREE Nicolas	43	S3M	TRIATHLON CLUB DE QUIMPER	0:16:40	95	02:13	0:33:05	89 (+10)	36,27	0:21:58	61 (+16)	04:24	1:11:41,00	8:22	
70	277	POCHON Jean Marc	17	V2M	PLOEMEUR TRIATHLON	0:16:43	100	02:14	0:32:03	42 (+38)	37,44	0:22:59	103 (-8)	04:36	1:11:43,45	8:25	
71	114	GUEZINGAR Stephane	44	S4M	TRIATHLON CLUB DE QUIMPER	0:17:09	118	02:17	0:32:30	62 (+37)	36,92	0:22:10	69 (+10)	04:26	1:11:46,85	8:28	
72	20	BESSE Laurent	45	S3M	BEST TRIATHLON SAINT-NAZAIRE	0:16:12	80	02:10	0:33:40	117 (-7)	35,64	0:21:56	57 (+15)	04:23	1:11:47,45	8:29	
73	298	ROSEC Maxime	46	S1M	CLEGUEREC	0:15:44	62	02:06	0:33:21	96 (-7)	35,98	0:22:44	89 (-4)	04:33	1:11:47,95	8:29	
74	129	HELLEUX Valentin	7	CAM	RENNES TRIATHLON	0:16:02	77	02:08	0:32:32	65 (+18)	36,89	0:23:18	116 (-15)	04:40	1:11:50,25	8:32	88,13
75	54	CHEVALLIER Aymeric	47	S3M	TRI OLYMPIQUE CLUB CESSONNA	0:15:14	43	02:02	0:33:35	109 (-21)	35,73	0:23:05	107 (-11)	04:37	1:11:51,80	8:33	
76	79	DEZEMBRE Nicolas	48	S3M	PLOEMEUR TRIATHLON	0:15:14	41	02:02	0:33:37	113 (-26)	35,70	0:23:07	111 (-9)	04:37	1:11:56,00	8:37	
77	274	PICHON Maxime	49	S1M	CAMORS	0:15:14	42	02:02	0:32:16	49 (-1)	37,19	0:24:35	173 (-34)	04:55	1:12:03,20	8:45	
78	172	LE DAVAY Alain	50	S4M	LE RHEU	0:16:05	79	02:09	0:33:24	97 (+3)	35,93	0:22:41	84 (-2)	04:32	1:12:08,95	8:50	
79	290	REBOURS Guillaume	51	S4M	AS MUNICIPAL DE RENNES MET	0:16:56	110	02:15	0:32:32	68 (+35)	36,89	0:22:44	88 (-4)	04:33	1:12:10,75	8:52	
80	180	LE GAL Daniel	18	V3M	PONTIVY TRIATHLON	0:17:55	158	02:23	0:32:20	56 (+61)	37,11	0:22:00	63 (+17)	04:24	1:12:13,00	8:54	
81	315	STEPHAN Florian	52	S3M	BREST TRIATHLON	0:14:39	29	01:57	0:33:30	104 (-22)	35,82	0:24:09	162 (-30)	04:50	1:12:16,20	8:58	
82	151	JULOUX Camille	53	S2M	OSNY	0:15:41	60	02:05	0:32:54	83 (0)	36,47	0:23:46	142 (-22)	04:45	1:12:19,15	9:01	
83	98	GESRET Gregory	54	S2M	COLOMIERS	0:17:53	156	02:23	0:31:22	24 (+84)	38,26	0:23:06	109 (-11)	04:37	1:12:19,70	9:01	
84	134	HUBERT Julien	55	S3M	RENNES	0:15:15	44	02:02	0:34:57	163 (-50)	34,33	0:22:10	70 (+10)	04:26	1:12:20,90	9:02	
85	88	FARRAS Julien	56	S3M	T.C. JOUE LES TOURS	0:13:05	3	01:45	0:33:39	115 (-24)	35,66	0:25:44	210 (-58)	05:09	1:12:25,80	9:07	
86	269	PEIGNE Benjamin	57	S2M	CEPS DINAN ARMOR TRIATHLON	0:13:57	12	01:52	0:34:25	144 (-43)	34,87	0:24:12	165 (-31)	04:50	1:12:32,20	9:14	
87	39	CARDIEC Frederic	19	V2M	D U C TRIATHLON	0:16:00	75	02:08	0:33:09	91 (+5)	36,20	0:23:29	129 (-17)	04:42	1:12:37,15	9:19	
88	207	LE ROUX Loic	20	V2M	TRIATHLON COTE D AMOUR	0:16:45	102	02:14	0:33:25	98 (+9)	35,91	0:22:30	77 (+5)	04:30	1:12:38,40	9:20	
89	203	LE PRIOL Julien	58	S3M	TRIATHLON COTE D AMOUR	0:18:08	172	02:25	0:31:48	30 (+83)	37,74	0:22:45	91 (0)	04:33	1:12:38,75	9:20	
90	192	LE LAN Frederic	59	S4M	DAUPHINS DE L'ELORN LANDERN	0:16:53	108	02:15	0:32:47	79 (+26)	36,60	0:23:05	108 (-8)	04:37	1:12:43,55	9:25	
91	250	MENAN Pascal	60	S4M	NON LICENCIE	0:16:42	98	02:14	0:33:44	120 (-4)	35,57	0:22:24	74 (+11)	04:29	1:12:48,15	9:30	
92	244	MARTIN Julien	61	S2M	C N MORLAIX TRIATHLON	0:16:29	90	02:12	0:33:48	124 (-9)	35,50	0:22:37	80 (+7)	04:31	1:12:52,35	9:34	
93	69	DALMASSO Eric	21	V1M	KEMPERLE TRIATHLON	0:17:28	131	02:20	0:32:31	64 (+41)	36,90	0:22:59	102 (-3)	04:36	1:12:56,40	9:38	
94	112	GUERIN Yves Marie	62	S4M	HENNEBONT TRIATHLON	0:17:25	129	02:19	0:34:26	145 (-6)	34,85	0:21:25	45 (+41)	04:17	1:13:14,90	9:56	
95	133	HESRY Gwenael	63	S4M	ST MANDE	0:18:00	163	02:24	0:34:09	133 (+21)	35,14	0:21:08	36 (+47)	04:14	1:13:16,05	9:58	
96	149	JOURDAN Jerome	22	V1M	AS MUNICIPAL DE RENNES MET	0:17:15	121	02:18	0:32:08	45 (+48)	37,34	0:23:57	148 (-23)	04:47	1:13:18,90	10:00	
97	310	SOULABAIL Sylvain	23	V1M	PONTIVY TRIATHLON	0:17:32	137	02:20	0:34:11	136 (+3)	35,10	0:21:45	49 (+37)	04:21	1:13:27,45	10:09	
98	305	SAUX Sebastien	64	S3M	LANDREVARZEC	0:16:22	84	02:11	0:33:34	107 (-4)	35,75	0:23:36	137 (-10)	04:43	1:13:29,75	10:11	
99	105	GREYL Dominique	24	V1M	HENNEBONT TRIATHLON	0:15:48	65	02:06	0:32:32	66 (+11)	36,89	0:25:15	195 (-45)	05:03	1:13:33,05	10:15	
100	288	RANNOU Cedric	65	S4M	LORIENT-TRIATHLON-FLK	0:17:49	152	02:23	0:33:02	87 (+45)	36,33	0:22:51	94 (+7)	04:34	1:13:39,50	10:21	
101	164	LE BECHENNEC Erwann	66	S3M	LA SEYNE SUR	0:16:53	109	02:15	0:34:11	134 (-6)	35,10	0:22:41	85 (+14)	04:32	1:13:44,15	10:26	
102	148	JOUBIOUX Alan	67	S1M	QUEVEN	0:16:58	112	02:16	0:34:34	152 (-15)	34,72	0:22:18	73 (+25)	04:28	1:13:48,30	10:30	
103	306	SCHOONHEERE Guillaume	68	S2M	PLOEMEUR TRIATHLON	0:19:04	217	02:33	0:32:59	85 (+77)	36,38	0:21:51	53 (+37)	04:22	1:13:52,80	10:34	
104	14	BECAND Myriam	2	S4F	TRIATHLON CLUB DE QUIMPER	0:15:27	51	02:04	0:35:43	182 (-65)	33,60	0:22:45	92 (+12)	04:33	1:13:53,20	10:35	
105	124	HAZARD Philippe	25	V3M	U.S. CRETEIL TRIATHLON	0:17:20	125	02:19	0:33:25	99 (+20)	35,91	0:23:15	115 (0)	04:39	1:13:58,60	10:40	
106	139	JACQUOT Matthieu	69	S4M	FOUESNANT	0:17:41	146	02:21	0:32:44	77 (+45)	36,66	0:23:37	138 (-5)	04:43	1:14:00,70	10:42	
107	47	CARRIS Maxence	8	CAM	PLOEMEUR TRIATHLON	0:18:59	213	02:32	0:33:12	92 (+68)	36,14	0:21:51	54 (+38)	04:22	1:14:00,70	10:42	
108	183	LE GALL Yves	26	V1M	HENNEBONT TRIATHLON	0:18:09	174	02:25	0:33:03	88 (+57)	36,31	0:22:54	95 (+9)	04:35	1:14:04,65	10:46	
109	312	SOULON Carine	3	S4F	TRIATHLON COTE D AMOUR	0:17:42	149	02:22	0:33:35	110 (+26)	35,73	0:22:55	97 (+14)	04:35	1:14:11,10	10:53	
110	275	PICHON Philippe	27	V2M	KEMPERLE TRIATHLON	0:18:24	185	02:27	0:32:29	61 (+74)	36,94	0:23:34	134 (+1)	04:43	1:14:25,25	11:07	
111	254	MIKOLAJCZYK Francois	28	V1M	TRIATHLON COTE D AMOUR	0:18:58	212	02:32	0:33:27	100 (+56)	35,87	0:22:05	65 (+45)	04:25	1:14:28,60	11:10	
112	321	TELLIER Philippe	29	V2M	POISSY TRIATHLON	0:19:47	263	02:38	0:32:23	57 (+120)	37,06	0:22:24	75 (+31)	04:29	1:14:32,35	11:14	
113	52	CHARBONNIER Christophe	30	V2M	PLOEMEUR TRIATHLON	0:19:40	254	02:37	0	(+254)	0		0 (-113)	00:00	01:14:37,30	11:19	
114	211	LE SQUER Yannick	31	V1M	KEMPERLE TRIATHLON	0:16:49	106	02:15	0:34:02	131 (-3)	35,26	0:23:48	143 (-5)	04:46	1:14:38,20	11:20	
115	13	BARETTE Jean Francois	32	V1M	GRAVELINES TRIATHLON	0:17:48	151	02:22	0:33:29	103 (+29)	35,84	0:23:23	125 (+7)	04:41	1:14:39,00	11:20	
116	271	PERRIN Florent	70	S1M	QUIBERON TRIATHLON	0:15:47	64	02:06	0:35:01	168 (-42)	34,27	0:24:00	150 (-10)	04:48	1:14:46,60	11:28	
117	314	SOURGEN Carine	4	S3F	BISCARROSSE OLYMPIQUE TRIAT	0:18:01	165	02:24	0:34:11	135 (+18)	35,10	0:22:38	82 (+30)	04:32	1:14:49,65	11:31	
118	304	SARDA Jean Claude	33	V4M	ECUREUILS DE PLOUAY	0:17:19	124	02:19	0:33:36	112 (+11)	35,71	0:23:58	149 (-5)	04:48	1:14:51,05	11:33	
119	108	GROUSSARD Jerome	34	V1M	CORMARIS TRIATHLON	0:17:37	139	02:21	0:32:39	72 (+41)	36,75	0:24:40	177 (-21)	04:56	1:14:54,30	11:36	
120	77	DERRIEN Nicolas	35	V1M	TRIATHLON CLUB DE QUIMPER	0:18:51	208	02:31	0:33:36	111 (+50)	35,71	0:22:30	78 (+38)	04:30	1:14:55,40	11:37	

Triathlon sprint de Larmor plage – 19 août 2012

Rg.	Dos.	NOM	Prénom	Rg.	/Cat	CLUB	Natation		Vélo		CàP		Total	Écart	Points		
							Temps	Place	100m	Temps	Place	Km/h				Temps	Place
121	168	LE BOURHIS	Eric	36	V2M	KEMPERLE TRIATHLON	0:16:28	88	02:12	0:33:14	93 (+5)	36,11	0:25:18	196 (-38)	05:04 1:14:58,45	11:40	
122	18	BERRIGAUD	Benjamin	71	S1M	CLEGUEREC	0:18:08	173	02:25	0:35:00	166 (0)	34,29	0:21:55	56 (+51)	04:23 1:15:02,00	11:43	
123	75	DEPLANTE	Nicolas	72	S3M	SAINT NAZAIRE	0:17:23	126	02:19	0:34:47	158 (-18)	34,50	0:22:56	98 (+21)	04:35 1:15:04,70	11:46	
124	333	VINCENT	Jerome	73	S2M	ASAS POMPIERS DE PARIS	0:18:26	187	02:27	0:31:51	32 (+87)	37,68	0:24:53	187 (-24)	04:59 1:15:08,65	11:50	
125	263	OLLIER	Francois Xavier	74	S2M	REZE	0:18:00	164	02:24	0:34:32	150 (+3)	34,75	0:22:38	81 (+36)	04:32 1:15:08,65	11:50	
126	282	PRIGENT	Laurence	1	V1F	TRIATHLON CLUB DE QUIMPER	0:17:56	160	02:23	0:34:27	146 (+5)	34,83	0:22:48	93 (+29)	04:34 1:15:09,00	11:50	
127	236	LOUET	Emmanuel	37	V1M	TRIATHLON CLUB DE LOCMINE	0:15:27	49	02:04	0:33:27	101 (-19)	35,87	0:26:17	223 (-59)	05:15 1:15:09,65	11:51	
128	173	LE DEROUT	Eric	38	V2M	LES PIRANHAS	0:18:46	202	02:30	0:33:31	106 (+53)	35,80	0:22:55	96 (+21)	04:35 1:15:10,65	11:52	
129	235	LOUBOUTIN	Trystan	75	S2M	BREST TRIATHLON	0:16:36	94	02:13	0:33:50	126 (-9)	35,47	0:24:46	183 (-26)	04:57 1:15:11,20	11:53	
130	234	LOUAZEL	Soazig	5	S4F	TRIATHLON COTE D AMOUR	0:15:57	70	02:08	0:35:17	174 (-48)	34,01	0:24:02	155 (-12)	04:48 1:15:14,30	11:56	
131	307	SEBILLE	Charles	3	JUM	LA MOTTE	0:13:56	11	01:51	0:37:20	237 (-110)	32,14	0:24:00	152 (-10)	04:48 1:15:15,10	11:57	
132	137	IVON	Vincent	76	S4M	TRIATHLON CLUB SAUJONNAIS	0:18:50	206	02:31	0:32:25	58 (+86)	37,02	0:24:06	158 (-12)	04:49 1:15:19,60	12:01	
133	287	QUINIO	Delphine	6	S2F	PARIS	0:15:25	48	02:03	0:36:08	197 (-80)	33,21	0:23:49	144 (-5)	04:46 1:15:21,25	12:03	
134	222	LEMOINE	Jocelyn	77	S4M	LORIENT-TRIATHLON-FLK	0:19:07	222	02:33	0:34:27	147 (+41)	34,83	0:21:57	59 (+47)	04:23 1:15:30,20	12:12	
135	285	QUIGNON	Benjamin	78	S2M	CHASNE SUR ILLET	0:16:33	93	02:12	0:33:30	105 (+2)	35,82	0:25:33	202 (-44)	05:07 1:15:34,85	12:16	
136	11	AUFFRET	Kevin	9	CAM	HENNEBONT TRIATHLON	0:16:04	78	02:09	0:34:51	159 (-34)	34,43	0:24:45	182 (-24)	04:57 1:15:37,95	12:19	
137	300	ROZELIER	Fabrice	39	V2M	TRIATHLON CLUB PAYS DE MUZIL	0:17:16	122	02:18	0:34:02	130 (-2)	35,26	0:24:22	170 (-13)	04:52 1:15:38,80	12:20	
138	326	TIZON	Ludovic	79	S4M	PLECHATEL	0:18:59	215	02:32	0:33:41	119 (+49)	35,63	0:23:04	104 (+28)	04:37 1:15:42,35	12:24	
139	143	JICQUELLO	Eric	80	S3M	MOUSTOIR AC	0:16:22	83	02:11	0:35:57	191 (-68)	33,38	0:23:30	130 (+12)	04:42 1:15:47,05	12:29	
140	28	BOLLEE	Elodie	7	S2F	ST MANDE	0:18:07	169	02:25	0:36:36	211 (-34)	32,79	0:21:06	34 (+63)	04:13 1:15:47,20	12:29	
141	223	LERAY	Cedric	81	S4M	TRI OLYMPIQUE CLUB CESSONNA	0:18:15	178	02:26	0:33:38	114 (+41)	35,68	0:24:02	154 (-4)	04:48 1:15:53,30	12:35	
142	113	GUERINEL	Emmanuel	40	V2M	TC VAL	0:18:42	198	02:30	0:33:58	129 (+33)	35,33	0:23:21	121 (+23)	04:40 1:15:59,20	12:41	
143	25	BLANVILLAIN	Jean Paul	41	V3M	RABELAIS TRIATHLON CHINON AS	0:18:14	177	02:26	0:33:01	86 (+58)	36,35	0:24:49	185 (-24)	04:58 1:16:03,00	12:44	
144	303	SANER GUINCHARD	Marielle	8	S4F	ADRISPORT	0:20:10	279	02:41	0:32:17	50 (+120)	37,17	0:23:41	141 (+15)	04:44 1:16:06,95	12:48	
145	27	BOHN	Jean Francois	82	S3M	LE PETIT FOUGERAY	0:18:29	188	02:28	0:34:19	140 (+20)	34,97	0:23:21	119 (+23)	04:40 1:16:07,25	12:49	
146	262	NOIRAUD	Claudine	2	V3F	T.C.G. 79 PARTHENAY	0:19:23	236	02:35	0:34:39	155 (+48)	34,63	0:22:08	68 (+42)	04:26 1:16:07,70	12:49	
147	121	HAVARD	Jeremy	83	S2M	BESANCON	0:18:33	192	02:28	0:33:35	108 (+51)	35,73	0:24:03	157 (-6)	04:49 1:16:09,05	12:51	
148	130	HEMME	Eric	42	V1M	TINTENIAC	0:18:48	205	02:30	0:33:48	125 (+41)	35,50	0:23:38	140 (+16)	04:44 1:16:12,85	12:54	
149	229	L HOSTIS	Philippe	84	S4M	BOURGBARRE	0:17:06	117	02:17	0:34:30	148 (-13)	34,78	0:24:42	180 (-19)	04:56 1:16:16,10	12:58	
150	119	LANGLAIS	Gwenael	85	S3M	KEMPERLE TRIATHLON	0:17:40	143	02:21	0:34:40	156 (-11)	34,62	0:24:00	151 (+4)	04:48 1:16:18,50	13:00	
151	316	STEPHANT	Michel	43	V4M	LORIENT-TRIATHLON-FLK	0:17:57	161	02:24	0:34:15	138 (+15)	35,04	0:24:08	161 (-5)	04:50 1:16:19,10	13:01	
152	10	AUBERTIN	Christophe	86	S3M	SAUTRON	0:18:31	189	02:28	0:33:47	122 (+39)	35,52	0:24:07	159 (-2)	04:49 1:16:23,35	13:05	
153	199	LE PAVEC	Eric	87	S3M	RIEUX	0:18:33	191	02:28	0:35:46	186 (-5)	33,55	0:22:07	66 (+43)	04:25 1:16:24,55	13:06	
154	78	DEVENDEGIES	Xavier	88	S3M	CHAMPIGNY SUR MARNE	0:19:23	235	02:35	0:35:57	190 (+22)	33,38	0:21:12	39 (+59)	04:14 1:16:29,60	13:11	
155	279	POIROT	Francois	89	S4M	MONTGERON	0:14:42	31	01:58	0:36:09	198 (-77)	33,20	0:25:40	208 (-47)	05:08 1:16:29,80	13:11	
156	330	TURGIS	Thomas	90	S4M	M.A.T. 72 LE MANS ASSOCIATION	0:17:31	136	02:20	0:34:20	141 (0)	34,95	0:24:46	184 (-20)	04:57 1:16:36,40	13:18	
157	214	LE TIEC	Yann	44	V2M	LAVAL TRIATHLON CLUB	0:19:38	250	02:37	0:34:21	142 (+63)	34,93	0:22:42	86 (+30)	04:32 1:16:39,55	13:21	
158	280	PONDAVEN	Matthieu	91	S1M	BRANDERION	0:19:22	234	02:35	0:32:15	48 (+102)	37,21	0:25:05	189 (-26)	05:01 1:16:40,80	13:22	
159	160	LANCHOU	Jerome	45	V1M	RENNES TRIATHLON	0:17:42	148	02:22	0:35:30	178 (-27)	33,80	0:23:32	132 (+16)	04:42 1:16:41,85	13:23	82,55
160	241	MANACH	Laurent	46	V1M	PLOEMEUR TRIATHLON	0:14:41	30	01:57	0:36:22	204 (-84)	33,00	0:25:42	209 (-46)	05:08 1:16:43,50	13:25	
161	36	CAHIER	Joel	47	V2M	TRI CLUB CLISSONNAIS	0:19:27	243	02:36	0:32:59	84 (+86)	36,38	0:24:20	168 (-4)	04:52 1:16:44,00	13:25	
162	224	LE ROUX	Louis	92	S4M	LARMOR PLAGE	0:16:14	81	02:10	0:36:39	213 (-89)	32,74	0:23:53	145 (+8)	04:47 1:16:44,70	13:26	
163	109	GUEMARD	Christophe	48	V2M	KAITEAM	0:18:37	195	02:29	0:33:57	127 (+33)	35,35	0:24:14	167 (-1)	04:51 1:16:46,20	13:28	
164	66	CRUSSON	Jean Michel	49	V1M	QUEVEN	0:19:51	266	02:39	0:36:38	212 (+38)	32,76	0:20:30	20 (+64)	04:06 1:16:57,95	13:39	
165	257	MITTERBAUER	Lisa	9	S1F	ADRISPORT	0:20:11	280	02:41	0:31:24	25 (+151)	38,22	0:25:37	205 (-36)	05:07 1:17:09,90	13:51	
166	65	CRISTINI	Sylvain	50	V2M	PLOEMEUR TRIATHLON	0:19:13	225	02:34	0:34:58	164 (+31)	34,32	0:23:04	105 (+28)	04:37 1:17:13,60	13:55	
167	83	DROUET	Sebastien	51	V1M	NEUILLY EN THELLE	0:16:49	104	02:15	0:34:35	153 (-22)	34,70	0:26:12	222 (-41)	05:14 1:17:34,40	14:16	
168	24	BLANLOEIL	Elisabeth	10	S4F	ST JEAN DE MONTS VENDEE TRIA	0:16:44	101	02:14	0:35:09	170 (-37)	34,14	0:25:45	212 (-30)	05:09 1:17:37,40	14:19	
169	12	BACHET	Laurent	93	S4M	DREFFEAC	0:16:52	107	02:15	0:35:43	183 (-56)	33,60	0:25:11	193 (-6)	05:02 1:17:44,40	14:26	
170	197	LE MEUR	Vincent	94	S4M	PLOUHARNEL	0:18:40	197	02:29	0:36:34	210 (-13)	32,82	0:22:44	87 (+40)	04:33 1:17:56,25	14:38	
171	218	LELUEL	Samuel	95	S3M	VANNES	0:20:05	275	02:41		0 (+275)			0 (-171)	00:00 01:17:57,25	14:39	
172	181	LE GAL	Camille	1	CAF	PONTIVY TRIATHLON	0:16:49	105	02:15	0:35:59	193 (-64)	33,35	0:25:25	197 (-3)	05:05 1:18:12,05	14:54	
173	59	CONAN	Olivier	96	S4M	METI	0:15:35	55	02:05	0:37:39	244 (-122)	31,87	0:25:03	188 (+4)	05:01 1:18:15,25	14:57	
174	48	CARTON	David	52	V1M	MEGA CLUB	0:18:04	166	02:25	0:34:15	137 (+14)	35,04	0:26:00	218 (-22)	05:12 1:18:17,30	14:59	
175	81	DOUCHET	Etienne	97	S4M	LARMOR PLAGE	0:16:43	99	02:14	0:34:57	162 (-34)	34,33	0:26:39	240 (-42)	05:20 1:18:17,85	14:59	
176	131	HEMON	Bleuenn	11	S2F	COMBRIT	0:17:39	141	02:21	0:37:06	231 (-63)	32,35	0:23:34	136 (+28)	04:43 1:18:18,10	15:00	
177	319	TAILLANDIER	David	98	S4M	ANGERS TRIATHLON	0:18:24	183	02:27	0:34:32	149 (+11)	34,75	0:25:35	203 (-5)	05:07 1:18:28,75	15:10	
178	94	GARO	Philippe	53	V3M	LANDIVISIAU TRIATHLON	0:19:04	218	02:33	0:34:58	165 (+28)	34,32	0:24:39	174 (+12)	04:56 1:18:39,35	15:21	
179	226	LEVEQUE	Laurent	54	V2M	CAEN TRIATHLON	0:18:44	199	02:30	0:36:29	207 (-10)	32,89	0:23:30	131 (+30)	04:42 1:18:41,85	15:23	
180	182	LE GAL	Stephane	99	S3M	TRIATHLE VANNES	0:19:11	223	02:33	0:33:06	90 (+75)	36,25	0:26:31	230 (-32)	05:18 1:18:46,05	15:28	

Triathlon sprint de Larmor plage – 19 août 2012

Rg.	Dos.	NOM Prénom	Rg. /Cat	CLUB	Natation		Vélo		CàP		Total	Écart	Points	
					Temps	Place	100m	Temps	Place	Km/h				Temps
181	26	BLECON Francois	100 S4M	AS MUNICIPAUX DE RENNES MET	0:17:39	142	02:21 0:33:58	128 (+11)	35,33	0:27:12	255 (-50)	05:26 1:18:47,00	15:28	
182	32	BRUNON Gurvan	101 S4M	DIRINON	0:15:58	72	02:08 0:37:15	233 (-104)	32,21	0:25:38	207 (-6)	05:08 1:18:49,35	15:31	
183	217	LEBLANC Marc	55 V2M	VANNES	0:18:21	179	02:27 0:35:00	167 (+1)	34,29	0:25:35	204 (-5)	05:07 1:18:54,95	15:36	
184	175	LE DOUR Sebastien	102 S2M	US BANNALEC ATHLETISME	0:22:24	309	02:59 0:37:03	228 (+25)	32,39	0:19:43	8 (+100)	03:57 01:19:08,70	15:50	
185	320	TANNEAU Alexandre	103 S2M	CONCARNEAU	0:18:55	211	02:31 0:36:21	203 (-1)	33,01	0:24:01	153 (+27)	04:48 1:19:15,60	15:57	
186	43	CARNAC Philippe	56 V3M	VANNES	0:18:47	203	02:30 0:34:08	132 (+32)	35,16	0:26:32	234 (-15)	05:18 1:19:25,80	16:07	
187	253	MICHAUX Lionel	57 V1M	TOBESPORT	0:18:48	204	02:30 0:37:33	242 (-20)	31,96	0:23:09	113 (+37)	04:38 1:19:28,40	16:10	
188	252	METTIER Marie	12 S4F	HENNEBONT TRIATHLON	0:20:07	277	02:41 0:33:39	116 (+94)	35,66	0:25:52	216 (-5)	05:10 1:19:37,00	16:18	
189	73	DELSARTE Thibault	58 V1M	GUICHEN	0:19:50	264	02:39 0:34:23	143 (+69)	34,90	0:25:30	200 (+6)	05:06 1:19:40,80	16:22	
190	239	MAHE Serge	59 V1M	PLOEMEUR	0:17:55	159	02:23 0:37:39	245 (-60)	31,87	0:24:12	166 (+29)	04:50 1:19:44,65	16:26	
191	138	JACQUES Laurent	60 V2M	BISCARROSSE OLYMPIQUE TRIAT	0:19:15	228	02:34 0:35:42	181 (+22)	33,61	0:24:51	186 (+15)	04:58 1:19:46,30	16:28	
192	299	ROUX Anne	3 V2F	RENNES TRIATHLON	0:19:21	232	02:35 0:34:44	157 (+39)	34,55	0:25:45	211 (+1)	05:09 1:19:48,90	16:30	87,87
193	156	L HOTELLIER Jean Pierre	61 V4M	WAPITI TRIATHLON CLUB DE LAR	0:18:36	194	02:29 0:35:28	176 (+2)	33,83	0:25:50	214 (-1)	05:10 1:19:51,75	16:33	
194	111	GUENEGO Matthieu	104 S3M	CLUB DES NAGEURS DE PARIS	0:15:57	71	02:08 0:37:36	243 (-109)	31,91	0:26:22	227 (-14)	05:16 1:19:54,40	16:36	
195	74	FLECHER Steven	10 CAM	ECUREUILS DE PLOUAY	0:21:43	298	02:54 0:35:14	172 (+60)	34,06	0:23:04	106 (+43)	04:37 1:20:00,10	16:42	
196	106	GRIVEAU Philippe	62 V3M	MARINE NATIONALE DE LORIENT	0:17:41	147	02:21 0:36:55	223 (-53)	32,51	0:25:27	198 (+4)	05:05 1:20:02,35	16:44	
197	67	CUDON Dominique	63 V1M	LORIENT-TRIATHLON-FLK	0:17:10	119	02:17 0:35:21	175 (-41)	33,95	0:27:37	261 (-37)	05:31 1:20:07,10	16:49	
198	331	VASSEUR Yannick	64 V1M	ST GILLES	0:21:38	296	02:53 0:35:14	173 (+62)	34,06	0:23:23	123 (+36)	04:41 1:20:12,85	16:54	
199	86	ESNEU Pascal	65 V1M	MOUSTERU	0:16:58	113	02:16 0:35:49	188 (-54)	33,50	0:27:29	260 (-32)	05:30 1:20:14,35	16:56	
200	157	LABBAY Vincent	105 S4M	LOMENER	0:18:25	186	02:27 0:37:57	250 (-39)	31,62	0:23:57	147 (+25)	04:47 1:20:16,90	16:58	
201	161	LAURENT Maureen	13 S2F	CREVIN	0:14:20	23	01:55 0:39:17	270 (-159)	30,55	0:26:46	244 (-19)	05:21 1:20:21,05	17:03	
202	40	CARIDDI Alan Francis	106 S3M	LARMOR PLAGES	0:17:49	154	02:23 0:36:06	195 (-32)	33,24	0:26:30	229 (-16)	05:18 1:20:24,15	17:06	
203	80	DIZET Jean Marc	66 V2M	KEMPERLE TRIATHLON	0:21:08	287	02:49 0:35:58	192 (+45)	33,36	0:23:20	118 (+39)	04:40 1:20:24,45	17:06	
204	163	LAVOLE Anthony	107 S4M	PLOEMEUR TRIATHLON	0:19:26	241	02:35 0:37:29	240 (+4)	32,01	0:23:33	133 (+33)	04:43 1:20:26,90	17:08	
205	127	HELLEUX Bertrand	67 V3M	TRI OLYMPIQUE CLUB CESSONNA	0:17:35	138	02:21 0:33:17	95 (+28)	36,05	0:29:38	282 (-95)	05:56 1:20:29,25	17:11	
206	251	MENARDAIS Delphine	14 S4F	SAVENAY	0:18:38	196	02:29 0:36:03	194 (-6)	33,29	0:25:50	215 (-4)	05:10 1:20:29,90	17:11	
207	327	TOURRAINE Simon	108 S2M	LA CHAPELLE SUR ERDRE	0:18:23	181	02:27 0:37:00	225 (-35)	32,43	0:25:09	191 (+9)	05:02 1:20:30,45	17:12	
208	162	LAVOLE Marina	15 S4F	PLOEMEUR TRIATHLON	0:19:23	238	02:35 0:36:31	208 (+17)	32,86	0:24:41	178 (+13)	04:56 1:20:33,70	17:15	
209	210	LE SAUX Jeancharles	68 V2M	FEREL	0:21:43	297	02:54 0:35:43	184 (+52)	33,60	0:23:21	120 (+36)	04:40 1:20:45,65	17:27	
210	57	COLAS Isabelle	4 V2F	CEPS DINAN ARMOR TRIATHLON	0:17:27	130	02:20 0:37:02	226 (-68)	32,40	0:26:19	224 (-12)	05:16 1:20:47,05	17:29	
211	95	GARREC Thierry	69 V3M	BERRIC	0:19:12	224	02:34 0:34:51	160 (+33)	34,43	0:26:49	245 (-20)	05:22 1:20:50,65	17:32	
212	60	COQUANT Jean Nicolas	109 S4M	LARMOR PLAGES	0:19:33	248	02:36 0:37:18	236 (+15)	32,17	0:24:07	160 (+21)	04:49 1:20:56,15	17:38	
213	272	PHILIPPE David	70 V1M	TRIATHLON COTE D AMOUR	0:17:40	144	02:21 0:36:55	221 (-55)	32,51	0:26:22	226 (-14)	05:16 1:20:56,65	17:38	
214	96	GAY Nicholas	110 S4M	BSA CARHAIX TRIATHLON	0:19:07	221	02:33 0:36:14	200 (+6)	33,12	0:25:37	206 (+1)	05:07 1:20:57,45	17:39	
215	178	LE FLOCH Vincent	111 S2M	LORIENT	0:19:28	244	02:36 0:37:54	249 (0)	31,66	0:23:37	139 (+29)	04:43 1:20:57,80	17:39	
216	317	STOLLA Walter	71 V2M	CAO ST NOLFF	0:21:53	302	02:55 0:37:17	235 (+25)	32,19	0:21:50	52 (+61)	04:22 1:20:58,70	17:40	
217	225	LESURE Fabien	112 S3M	LORIENT	0:18:05	167	02:25 0:38:34	258 (-64)	31,11	0:24:27	171 (+14)	04:53 1:21:04,00	17:45	
218	289	RAYNAUD Didier	72 V2M	CARQUEFOU	0:19:38	251	02:37 0:36:46	218 (+24)	32,64	0:24:41	179 (+9)	04:56 1:21:04,85	17:46	
219	145	JOSSELIN Magali	16 S4F	GUIDEL	0:19:17	231	02:34 0:36:07	196 (+14)	33,23	0:25:56	217 (-2)	05:11 1:21:18,85	18:00	
220	91	FORNER Yannick	73 V2M	LARMOR PLAGES	0:18:53	209	02:31 0:36:43	216 (-11)	32,68	0:25:46	213 (0)	05:09 1:21:19,40	18:01	
221	208	LE ROUX Thierry	74 V2M	TRIATHLON COTE D AMOUR	0:18:07	170	02:25 0:35:55	189 (-19)	33,41	0:27:21	258 (-32)	05:28 1:21:20,85	18:02	
222	245	MATTER Philippe	75 V1M	CHARTRES METROPOLE TRIATHL	0:15:39	58	02:05 0:35:44	185 (-67)	33,58	0:30:07	285 (-97)	06:01 1:21:28,60	18:10	
223	50	CHABAT Stephane	113 S4M	BALLAN MIRE	0:17:41	145	02:21 0:36:12	199 (-40)	33,15	0:27:41	262 (-38)	05:32 1:21:31,60	18:13	
224	202	LE POTTIER Nathalie	17 S4F	BISCARROSSE OLYMPIQUE TRIAT	0:19:25	240	02:35 0:35:12	171 (+39)	34,09	0:27:00	251 (-23)	05:24 1:21:35,55	18:17	
225	278	POIROT Germain	114 S2M	YERRES	0:15:29	52	02:04 0:37:59	251 (-127)	31,59	0:28:10	269 (-46)	05:38 1:21:36,20	18:18	
226	70	DANIEL Cedric	115 S3M	QUESTEMBART	0:22:27	311	03:00 0:36:22	205 (+41)	33,00	0:22:57	100 (+44)	04:35 1:21:45,15	18:27	
227	126	HELIAS Annaick	5 V1F	WAPITI TRIATHLON CLUB DE LAR	0:18:34	193	02:29 0:36:55	222 (-25)	32,51	0:26:23	228 (-9)	05:17 1:21:50,75	18:32	
228	189	LE GOFF Michel	76 V3M	NON LICENCIE	0:19:00	216	02:32 0:36:20	202 (+2)	33,03	0:26:36	238 (-14)	05:19 1:21:55,15	18:37	
229	61	COUFFIGNAL Raphael	116 S2M	SAINT HARBLAIN	0:18:24	182	02:27 0:38:14	253 (-48)	31,39	0:25:27	199 (+1)	05:05 1:22:03,75	18:45	
230	9	AUBERT Anne Marie	6 V2F	RENNES TRIATHLON	0:18:46	201	02:30 0:39:14	269 (-53)	30,59	0:24:10	164 (+24)	04:50 1:22:08,35	18:50	
231	154	KERNIN Mikael	117 S3M	METI	0:17:25	127	02:19 0:36:26	206 (-57)	32,94	0:28:23	273 (-47)	05:41 1:22:11,95	18:53	
232	249	MEGNEAUD Marien	118 S2M	LA VRAIE CROIX	0:19:50	265	02:39 0:37:52	248 (+15)	31,69	0:24:32	172 (+18)	04:54 1:22:12,15	18:54	
233	107	GROUS Morgane	18 S3F	PLOEMEUR TRIATHLON	0:22:16	308	02:58 0:36:17	201 (+42)	33,07	0:23:54	146 (+33)	04:47 1:22:25,55	19:07	
234	179	LE FLOC H Stephanie	19 S4F	TRIATHLON CLUB DE QUIMPER	0:19:45	260	02:38 0:35:29	177 (+49)	33,82	0:27:13	256 (-23)	05:27 1:22:25,70	19:07	
235	56	COLAS Denis	77 V2M	CEPS DINAN ARMOR TRIATHLON	0:18:07	171	02:25 0:35:04	169 (-3)	34,22	0:29:20	281 (-61)	05:52 1:22:29,75	19:11	
236	29	BORYS Pascal	78 V4M	ROUEN TRIATHLON	0:19:59	270	02:40 0:39:18	271 (-9)	30,53	0:23:21	122 (+43)	04:40 1:22:36,75	19:18	
237	146	JOSSO Nolwen	7 V1F	VANNES	0:17:28	132	02:20 0:36:58	224 (-65)	32,46	0:28:17	271 (-40)	05:39 1:22:41,95	19:23	
238	302	SAINT CAS Jerome	119 S4M	TRIATHLON CLUB DE QUIMPER	0:18:59	214	02:32 0:38:38	260 (-34)	31,06	0:25:08	190 (+10)	05:02 1:22:42,70	19:24	
239	144	JOSSE Anne Laure	8 V1F	TRIATHLON CLUB PAYS DE MUZIL	0:19:29	245	02:36 0:36:55	220 (+19)	32,51	0:26:21	225 (-13)	05:16 1:22:43,60	19:25	
240	293	RIO Regis	120 S4M	LE SOURN	0:21:20	293	02:51 0:38:15	254 (+8)	31,37	0:23:29	128 (+45)	04:42 1:23:02,25	19:44	

Triathlon sprint de Larmor plage – 19 août 2012

Rg.	Dos.	NOM Prénom	Rg. /Cat	CLUB	Natation		Vélo		CàP		Total	Écart	Points		
					Temps	Place	100m	Temps	Place	Km/h				Temps	Place
241	46	CARRE Yves	121 S4M	VANNES	0:19:05	219	02:33	0:37:12	232 (-4)	32,26	0:26:55	249 (-18)	05:23 1:23:10,60	19:52	
242	37	CALAIS Xavier	79 V1M	GUIDEL	0:19:46	261	02:38	0:38:19	256 (+4)	31,32	0:25:14	194 (+15)	05:03 1:23:18,05	20:00	
243	338	YVINEC Nadine	9 V2F	BREST TRIATHLON	0:19:23	237	02:35	0:35:37	180 (+30)	33,69	0:28:20	272 (-36)	05:40 1:23:18,90	20:00	
244	322	THOMAS Erwan	122 S3M	BREST	0:19:14	226	02:34	0:37:39	246 (-10)	31,87	0:26:38	239 (-8)	05:20 1:23:30,00	20:11	
245	228	L HOSTELLIER Catherine	10 V2F	TRIATHLON PAYS DE SAINT BRIE	0:18:06	168	02:25	0:36:41	215 (-37)	32,71	0:28:48	276 (-40)	05:46 1:23:34,05	20:16	
246	89	FERRACCI Julien	123 S2M	CHARTRES DE BRETAGNE	0:19:15	227	02:34	0:37:27	239 (-5)	32,04	0:26:54	248 (-14)	05:23 1:23:34,65	20:16	
247	7	ATHEO Stephane	124 S4M	ORVAULT	0:18:51	207	02:31	0:40:35	286 (-75)	29,57	0:24:40	176 (+35)	04:56 1:24:04,10	20:46	
248	63	CRENN Jean Herve	125 S4M	RENNES	0:19:39	253	02:37	0:38:03	252 (+2)	31,54	0:26:31	232 (+3)	05:18 1:24:12,10	20:54	
249	22	BINARD Jean Pierre	80 V1M	BEST TRIATHLON SAINT-NAZAIRE	0:22:00	303	02:56	0:35:30	179 (+57)	33,80	0:26:44	242 (-3)	05:21 1:24:12,15	20:54	
250	115	GUILLARD Pierre	126 S3M	PONTIVY TRIATHLON	0:17:46	150	02:22	0:39:56	281 (-99)	30,05	0:26:34	237 (-1)	05:19 1:24:14,35	20:56	
251	232	LOISEL Charlie	127 S2M	ST GILLES	0:19:52	267	02:39	0:38:33	257 (+5)	31,13	0:26:02	220 (+11)	05:12 1:24:25,20	21:07	
252	102	GRALL David	128 S4M	SAINT HERBLAIN TRIATHLON	0:19:41	257	02:37	0:38:46	261 (-7)	30,95	0:26:01	219 (+12)	05:12 1:24:27,05	21:09	
253	255	MILES Christian	81 V2M	HENNEBONT TRIATHLON	0:19:46	262	02:38	0:37:49	247 (+15)	31,73	0:27:01	252 (-6)	05:24 1:24:34,85	21:16	
254	185	LE GALLO Yannick	82 V3M	HENNEBONT	0:20:33	284	02:44	0:38:34	259 (+9)	31,11	0:25:32	201 (+21)	05:06 1:24:38,00	21:19	
255	206	LE ROUX Guillaume	129 S2M	MASSY	0:18:11	175	02:25	0:39:09	267 (-68)	30,65	0:27:24	259 (-12)	05:29 1:24:42,15	21:24	
256	35	BUSNEL Fabrice	130 S4M	WAPITI TRIATHLON CLUB DE LAR	0:19:41	255	02:37	0:37:23	238 (+14)	32,10	0:27:41	263 (-15)	05:32 1:24:43,55	21:25	
257	256	MISIN Philippe	83 V3M	DONGES	0:18:24	184	02:27	0:39:32	275 (-69)	30,35	0:26:53	247 (-4)	05:23 1:24:47,60	21:29	
258	242	MARECHAL Daniel	84 V1M	RENNES TRIATHLON	0:20:00	272	02:40	0:38:19	255 (+13)	31,32	0:26:32	233 (+1)	05:18 1:24:49,20	21:31	74,64
259	337	VOLATIER Martin	85 V1M	LAGARDERE PARIS RACING	0:18:54	210	02:31	0:39:05	265 (-45)	30,70	0:26:56	250 (-4)	05:23 1:24:53,95	21:35	
260	136	HYMERY Vincent	131 S4M	HAMBURG	0:18:45	200	02:30	0:39:38	278 (-61)	30,28	0:26:33	235 (+1)	05:19 1:24:54,30	21:36	
261	258	MOCARD Claudie	11 V4F	WAPITI TRIATHLON CLUB DE LAR	0:20:16	281	02:42	0:36:46	217 (+41)	32,64	0:27:57	267 (-21)	05:35 1:24:57,65	21:39	
262	19	BERTRAND Yann	132 S4M	SAINT NAZAIRE	0:21:16	290	02:50	0:37:03	229 (+30)	32,39	0:26:43	241 (-2)	05:21 1:25:00,55	21:42	
263	153	KERMORVANT Cyril	133 S4M	RAID GOLFE DU MORBIHAN	0:22:25	310	02:59	0:37:31	241 (+24)	31,99	0:25:10	192 (+23)	05:02 1:25:04,30	21:46	
264	325	TIZON Geraldine	20 S3F	RENNES	0:17:59	162	02:24	0:40:11	282 (-96)	29,86	0:27:07	254 (-6)	05:25 1:25:15,65	21:57	
265	187	LE GARJAN Frederic	86 V3M	FREE IRON TEAM	0:19:24	239	02:35	0:41:13	293 (-49)	29,11	0:24:42	181 (+23)	04:56 1:25:18,10	22:00	
266	104	GREYL Theo	11 CAM	HENNEBONT TRIATHLON	0:15:47	63	02:06	0:33:45	121 (-14)	35,56	0:35:53	303 (-189)	07:11 01:25:23,90	22:05	
267	294	ROBERT Karine	21 S4F	ST THUAL	0:19:07	220	02:33	0:40:16	283 (-60)	29,80	0:26:03	221 (+13)	05:13 1:25:24,85	22:06	
268	117	GUIRRIEC Caroline	22 S4F	TRIATHLON CLUB DE QUIMPER	0:19:56	268	02:39	0:37:06	230 (+29)	32,35	0:28:35	275 (-29)	05:43 1:25:34,70	22:16	
269	248	MECHINEAU Josiane	12 V2F	BEST TRIATHLON SAINT-NAZAIRE	0:18:32	190	02:28	0:39:12	268 (-62)	30,61	0:28:03	268 (-17)	05:37 1:25:44,50	22:26	
270	184	LE GALLIC Philippe	87 V2M	TRIATHLON CLUB DE LOCMINE	0:19:58	269	02:40	0:36:55	219 (+34)	32,51	0:28:59	278 (-35)	05:48 1:25:50,50	22:32	
271	167	LE BORGNE Pierre	134 S3M	RESTIGNE	0:20:34	285	02:45	0:41:25	297 (-7)	28,97	0:24:09	163 (+21)	04:50 1:26:06,55	22:48	
272	268	PAUL Anne	23 S2F	JACQUES CARTIER TRI COTE D E	0:17:25	128	02:19	0:41:00	289 (-135)	29,27	0:27:46	264 (-9)	05:33 1:26:09,55	22:51	
273	231	L HOSTIS Yves	88 V5M	GARNISON RENNES TRIATHLON	0:22:12	306	02:58	0:35:48	187 (+50)	33,52	0:28:26	274 (-17)	05:41 1:26:25,05	23:07	
274	171	LE DANTEC Yvan	89 V1M	ERAGNY SUR OISE	0:19:45	259	02:38	0:38:58	264 (-8)	30,80	0:27:52	265 (-7)	05:34 1:26:33,40	23:15	
275	247	MAURASIN Cecile	13 V2F	LORIENT-TRIATHLON-FLK	0:19:32	246	02:36	0:39:55	280 (-37)	30,06	0:27:13	257 (+8)	05:27 1:26:38,55	23:20	
276	193	LE LANN Philippe	90 V2M	BREST	0:21:48	299	02:54	0:40:39	287 (+4)	29,52	0:24:21	169 (+19)	04:52 1:26:47,30	23:29	
277	49	CERTENAIS Jean Pierre	91 V2M	TRIATHLON COTE D AMOUR	0:17:49	153	02:23	0:37:15	234 (-55)	32,21	0:31:49	295 (-69)	06:22 1:26:51,95	23:33	
278	132	HERRY Jean Christophe	92 V2M	TRIATHLON COTE D AMOUR	0:19:39	252	02:37	0:39:36	277 (-26)	30,30	0:27:55	266 (0)	05:35 1:27:08,80	23:50	
279	4	HUBERT Georges	93 V5M	TRIATHLON CLUB NANTAIS	0:19:22	233	02:35	0:41:02	291 (-54)	29,24	0:26:52	246 (+8)	05:22 1:27:14,40	23:56	
280	31	BROUARD Lisa	24 S1F	COURCOURONNES	0:15:50	67	02:07	0:40:17	284 (-155)	29,79	0:31:34	294 (-58)	06:19 1:27:39,85	24:21	
281	170	LE CARDIET Stephane	135 S4M	ETEL	0:20:04	274	02:41	0:36:31	209 (+45)	32,86	0:31:06	292 (-52)	06:13 1:27:40,25	24:22	
282	17	BERNICOT Marc	94 V3M	PLOEMEUR TRIATHLON	0:19:41	256	02:37	0:41:33	298 (-33)	28,88	0:26:46	243 (+7)	05:21 1:27:58,75	24:40	
283	34	BUSNEL Tifenn	25 S4F	WAPITI TRIATHLON CLUB DE LAR	0:20:00	273	02:40	0:39:24	274 (-8)	30,46	0:29:07	279 (-2)	05:49 1:28:29,25	25:11	
284	93	FREULON Yves	95 V5M	ANJOU TRIATHLON TRELAZE	0:19:59	271	02:40	0:38:49	262 (+2)	30,91	0:29:45	283 (-15)	05:57 1:28:32,10	25:14	
285	318	STUBENITSKY Frank	96 V7M	TRIATHLON COTE D AMOUR	0:19:26	242	02:35	0:39:22	273 (-26)	30,48	0:30:07	284 (-17)	06:01 1:28:53,35	25:35	
286	140	JEAY Titouan	136 S1M	VANNES	0:19:16	229	02:34	0:42:45	302 (-64)	28,07	0:27:03	253 (+7)	05:25 1:29:01,55	25:43	
287	1	ALLAIN Bernard	97 V3M	LORIENT	0:19:44	258	02:38	0:39:06	266 (-13)	30,69	0:30:22	286 (-16)	06:04 1:29:10,70	25:52	
288	219	LEMAIRE Pierrick	12 CAM	U.S. HAM TRIATHLON	0:17:39	140	02:21	0:41:20	294 (-133)	29,03	0:30:36	288 (-15)	06:07 1:29:34,20	26:16	
289	334	VINOT Patrice	137 S4M	LA GLACERIE	0:26:05	316	03:29	0:37:03	227 (+18)	32,39	0:26:31	231 (+9)	05:18 1:29:37,95	26:19	
290	233	LORANT Michele	14 V1F	TRIATHLON PAYS DE SAINT BRIE	0:19:32	247	02:36	0:39:36	276 (-29)	30,30	0:30:49	290 (-14)	06:10 1:29:55,65	26:37	
291	141	JEAY Koulmig	26 S2F	LEVALLOIS	0:17:05	116	02:17	0:41:24	296 (-149)	28,99	0:31:56	296 (-26)	06:23 1:30:23,20	27:05	
292	273	DARCHEN Anne	27 S4F	PLOEMEUR	0:21:17	291	02:50	0:43:25	303 (-12)	27,64	0:26:34	236 (+11)	05:19 1:31:14,30	27:56	
293	265	PALLIX Adrien	138 S2M	BEAUCHAMP	0:24:11	315	03:13	0:39:20	272 (+14)	30,51	0:28:11	270 (+8)	05:38 1:31:40,80	28:22	
294	196	LE MESTRE Anne	28 S4F	ECUREUILS DE PLOUAY	0:20:06	276	02:41	0:42:31	301 (-20)	28,22	0:29:20	280 (+2)	05:52 1:31:55,80	28:37	
295	159	LANCHOU Anne Catherine	15 V1F	RENNES	0:21:02	286	02:48	0:41:24	295 (-8)	28,99	0:30:41	289 (-1)	06:08 1:33:05,50	29:47	
296	103	GRANDEMANGE Damien	139 S3M	LEVALLOIS PERRET	0:21:32	295	02:52	0:39:43	279 (+5)	30,21	0:32:18	297 (-6)	06:28 1:33:31,70	30:13	
297	328	TULANE Pascal	98 V2M	QUIBERON	0:22:11	305	02:57	0:41:03	292 (+5)	29,23	0:30:34	287 (+3)	06:07 1:33:46,60	30:28	
298	332	VERDONCK Jean Benoit	99 V2M	NARROSSE	0:21:27	294	02:52	0:44:37	307 (-12)	26,90	0:28:53	277 (+8)	05:47 1:34:55,85	31:37	
299	122	HAZARD Morgane	1 JUF	U.S. CRETEIL TRIATHLON	0:17:52	155	02:23	0:41:00	290 (-117)	29,27	0:36:06	304 (-27)	07:13 1:34:57,10	31:39	
300	190	LE GUELLEC Stephane	100 V1M	S.O. HOUILLES TRIATHLON	0:21:15	289	02:50	0:40:24	285 (-2)	29,70	0:33:36	301 (-9)	06:43 1:35:13,35	31:55	

Triathlon sprint de Larmor plage – 19 août 2012

Rg.	Dos.	NOM Prénom	Rg. /Cat	CLUB	Natation		Vélo		Km/h	CàP		Total	Écart	Points	
					Temps	Place	100m	Temps		Place	Temps				Place
301	2	ALLIAUME Christelle	29	S3F	TRIATHLE VANNES	0:22:15	307	02:58	0:42:07	300 (+5)	28,49	0:30:55	291 (+1)	06:11 1:35:15,55	31:57
302	186	LE GAREC Patrick	101	V5M	BEST TRIATHLON SAINT-NAZAIRE	0:22:08	304	02:57	0:40:45	288 (+7)	29,45	0:32:46	299 (-5)	06:33 1:35:38,15	32:20
303	264	OUAHAB Mustapha	102	V7M	TRIATHLON COTE D AMOUR	0:23:57	314	03:12	0:41:36	299 (+9)	28,85	0:31:18	293 (+2)	06:16 1:36:48,90	33:30
304	64	CRESSEVILLE Juliette	30	S3F	SAINTE HERBLAIN TRIATHLON	0:21:10	288	02:49	0:45:28	309 (-19)	26,39	0:33:16	300 (+3)	06:39 1:39:53,10	36:35
305	191	LE GUERN Marion	31	S3F	GUIDEL	0:21:52	301	02:55	0:46:29	310 (-10)	25,82	0:32:44	298 (+6)	06:33 1:41:03,70	37:45
306	147	JOUANNO Stephanie	32	S2F	LANGUEUX	0:19:16	230	02:34	0:47:48	311 (-78)	25,10	0:36:17	305 (+2)	07:15 1:43:19,10	40:01
307	204	LE RAY Sophie	33	S4F	QUESTEMBERT	0:19:37	249	02:37	0:43:36	304 (-50)	27,52	0:40:21	307 (-8)	08:04 1:43:32,65	40:14
308	213	LE TETOUR Regis	103	V2M	CHOISY LE ROI	0:21:49	300	02:55	0:48:00	312 (-12)	25,00	0:34:33	302 (+4)	06:55 1:44:21,15	41:03
309	230	L HOSTIS Chantal	16	V5F	GARNISON RENNES TRIATHLON	0:23:30	313	03:08	0:44:16	305 (+3)	27,11	0:38:35	306 (+1)	07:43 1:46:18,55	43:00